

MYRA'S JOURNAL, Feb., 1910.
FOUR FREE PATTERNS ARE PRESENTED WITH THIS NUMBER.

MYRA'S

JOURNAL

FEB.
1910.

3^D

THE LEADER
OF FASHION



Vol.
XXXVII.
No. 2.

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2. Spring Russian Coat.
3. Smart Adaptable Blouse.
4. Girl's New Breeches.

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No. 3, DRAWN WORK (PART I.).—23 Examples of this pretty and effective needlework, with full descriptions for beginners. This work is executed on Linen, Art Linen, and Canvas.

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For Description see Pages 30 to 36.

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NEWS FROM FASHION CENTRES.

FROM
Vienna, Paris, &c.

PERHAPS the prettiest garments the early spring is offering us are the dainty little Russian coats. The prettiest are double-breasted, and have a low, square-cut neck. The idea of the square neck is an excellent one. On colder days protection can be found in the folds of a white silk handkerchief, or in the fur stole or boa, which is never discarded till March winds are well over. On the other hand, on warmer days, the low cut neck, the absence of collar, is delightfully cool wear, and enables one to wear a heavier coat-and-skirt in the later spring than would be possible otherwise.

The square-cut coat neck must be strapped or braided. No elaborate design of braiding is necessary—a line of wide braid and a pretty wavy line of narrow braid is sufficient—but as a collar is not very possible or desirable, some sort of decoration round the neck is imperative, not only as a finish, but to accentuate the smart, becoming lines of the décolletage and the double-breasted right front's edge. All women, still young and slender of figure, should make a point of having for the spring a short Russian coat with smart skirt to match. It will carry them through the spring and summer till late autumn as a very valuable nucleus of their wardrobe.

Whoever possesses a beautiful shawl of full size should now utilise it. Dress-makers of skill and taste are draping the most beautiful bridal and evening gowns with lace shawls. Indian and China shawls, many with embroideries, edged with deep fringe, are being arranged into graceful princess gowns. This is newer than the kimono or burnous evening wrap arrangement, which, hitherto, has been the chief use made of rich shawls.

A beautiful princess dress of the type was lately turned out by one of the big Paris houses. The shawl was a very rich one—fine black cashmere formed the centre, with a very deep bordering of rich close needlework in Indian red, blue, gold, &c. The trained skirt was of black satin, and the top of the bodice part was draped with black satin, the same sheeny fabric providing the sleeves. The shawl provided a lovely draped corselet tunic, the top line reaching to the bust, long shawl corners reaching the edge of the skirt. The shawl

was cut with great skill to utilise the embroidery. The effect was striking, rich and elegant. Another corselet tunic of the same sort was of embroidered China crape,



No. 8867.—USEFUL PELERINE AND MUFF.
For cold Spring days.

For Description see pages 30 to 36.
Price of Paper Patterns, each 3d., post free, of
MADAME MYRA, 10 and 11, Fetter Lane, E.C.

edged with a very deep fringe. It was mounted on a chiffon-veiled white satin bridal gown.

It is refreshing to see how small are some of the new French hats. Not only are

hats smaller, but, what is of more importance, the brims do not descend before turning up as was the case with so many of the winter hats. The result of this descent was to hide the whole of the hair, unless meshes were brought right down to the eye-brows. It was a thousand pities, because the fine shape of the brow, the intelligent sweep of the well-marked eye-brows, and the charming hair line of so many young English women went for nothing, and these are beauties which few nations can boast.

Many of the spring hats are being made of a very soft, very shiny straw, in ornamental lace-like designs, and very beautiful colourings. Motifs of this straw—looking rather like metal brooches—are being used to replace oxidized and gilt buckles on toques of draped mirror velvet. The result is pleasing, and the hat or toque is lighter than if metal decorations were used. There seems to be an inclination just now to make millinery as light as possible, even when the hat or toque is distinctly large, and certainly inclining to the heavy in build.

Some exceedingly pretty striped materials will be much used in the spring, not only for gowns, but for coat-and-skirts. Striped tailor gowns will often have very becoming wide collars.

A great many walking dresses will be made Russian type, rivalling the Russian coats—such a gown is the very new model, No. 8939, which looks equally well cut short, with skirt to match, or as a complete dress reaching the feet. The smart belt is a natty finish. Some of the gowns are really cut princess style—bodice and tunic in one; but others have the bodice quite separate, the tunic being mounted on the skirt, when, of course, the dress is more easy to make by a novice. Good *couturiers*, however, are trying to cut as many dresses as possible in the princess style, because a good cut is needed, and the dressmaker's mettle is much tested in the process. Small dressmakers very rarely turn out a princess gown quite what it should be, because, even if they have a good pattern, they do not have the judgment and experience to carry out correctly the rather exacting little alterations which are quite inseparable from fitting various customers of even fairly similar measurements.

FOUR FREE PAPER PATTERNS. NEARLY 100 DRESS AND MILLINERY DESIGNS.

HINTS ON TROUSSEAU BUYING.

WHEN the bride in prospective belongs to a wealthy family, and has *carte blanche* to buy anything she requires (in which case her mother or an experienced lady relative invariably maps out the whole expenditure), little advice is wanted. The smart dressmakers, outfitters, and milliners will gladly show the latest and most beautiful models which money can buy, and a luxurious trousseau has no need to be mapped out so that the luxuries of dress have to be kept out of sight in order to obtain the strict necessities. The trousseau of a young heiress, or the wife of a bridegroom in an important position, has to be rich and luxurious, even if several relatives have to come forward and help in getting it; but apart from the more resplendent trousseaux, which cost anything over five hundred pounds, there is a vast number prepared for brides in the upper middle classes which offer a remarkable range of variety in kind and cost.

The average modest bride of the middle classes spends from £25 to £100 on her wedding outfit—the larger number vary from £50 to £100. If much is to be bought with such a sum, luxury is out of the question. £25, of course, will only buy an outfit very modest in character and quantity, and there must be no question of household linen. The once universal custom of the bride providing the bed and table linen is almost extinct in England. Abroad it is different. Frankly speaking, I think the French or German bride has the best of it. She is very rarely penniless, and is more of a real partner in the matrimonial partnership than is the case with the average English middle-class girl.

The £50 trousseau leaves a very narrow margin, if any, for household linen; but the £100 trousseau still shows many a case where half this sum, or nearly half, is devoted to buying household linen. A young wife married to a struggling schoolmaster, laid out £60 of her £100 to providing sheets, towels, cloths, &c., for the use of her husband's scholars, and this, undoubtedly, was a real help. She bought with her £40 several pairs of boots and

shoes, and plenty of articles which she could not make or assist to make herself. A few modest and pretty frocks represented her expenditure in that line; but she bought several blouse and dress lengths of pretty but not striking materials, such as can always be worn and always make up satisfactorily. The quiet, but nicely-cut tailor-made—with the regular tailor coat for preference—as this style

and mother has to clothe herself how she may. The boys and girls must have strong boots and shoes, clean and neat garments. To get these the mother's personal expenditure frequently has to sink to vanishing point. She would often be glad of the money squandered on fairs when buying her trousseau.

But daintiness and what pretty ornamentations of dress we can afford should never be lost sight of by the most reflective and thrifty of brides when buying the bridal outfit. One great expense she certainly ought to avoid, if her expenditure is to be very modest—she should rigidly eschew the bridal gown. It never can be got cheaply. Without any great luxury, it easily runs into £15 at least, though, happily, the abnormal luxury of a Court train for the modest middle-class bride is now a thing of the past.

The young wife of a very poor country rector in a dull and isolated parish told me that never once in the first year of their home life had the opportunity come of wearing her bridal gown. It had cost £25, and was a present from an uncle, who certainly would have acted more wisely and kindly had he presented his niece with a cheque for the amount. For the Society bride, the Court train is an asset which she will require on presentation after her marriage, and the material of the train will go a long way to supplying the needful fabric for another white evening gown.

The modest bride is usually reduced to having the bridal gown dyed, which is a pity, as silk is not of such good appearance after the process; it loses in weight and firmness. The bridal gown should be eliminated from a modest expenditure,

and a pretty, graceful frock be used instead—such a dress as could be used as a "going-away gown" or as a visiting frock by a modest young rector's youthful wife.

Gloves are an asset, and a fair sum may safely be spent upon them; even a £50 trousseau should include almost a pound's worth of gloves, well chosen and, though good, of not too expensive a quality, or the number of pairs which can be afforded will be lamentably small.



No. 8868.—DAINTY BLACK BLOUSE OF NET AND LACE.

For Descriptions see pages 30 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

is never really out, was, of course, represented for useful wear.

In a modest trousseau the really good tweed coat-and-skirt of regulation "tailor-made" is a real asset; girls should think of this when they are marrying a poor man. The pin money is sure to be of the smallest. Just as in the semi-starving household of an unfortunate working man the mother is the last to be fed, and gets the least; so in a struggling middle-class home the wife

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

G.

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No. 8869

No. 8870



No. 8871

No. 8872

CHARMING BLOUSES FOR THE EARLY SPRING.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Laundry Work for Women.

By O. K. MOORE.

STRANGELY enough, laundry work which affords an excellent opening for girls of the middle class, has hitherto been very much neglected, except by those who aspired to become teachers of Domestic Economy, and the course for teachers is not really suitable for the woman who wishes to adopt the subject commercially. For the teacher it is absolutely essential that she shall be able personally to wash, iron, starch, &c. It is equally essential for the manageress to know the *theory* of this work; but only in

tactful, for *good* workers are not too plentiful; and the forewoman who can only keep order by mortally offending her best ironer is not really a helpful addition to the business. She must have a capacity for organisation, and be able to make out accounts if necessary. In a large laundry clerks are kept for this purpose, but even then the forewoman of the sorting-room is responsible for the prices, &c.

She distributes the work to the ironers, and collects it, keeping account of everything, for ironing is piecework, and the women's earnings must be checked. She then returns the linen to the sorting room, where the head packer is once more responsible for the sorting, checking, and packing for the various deliveries. In many laundries, in addition to these, there



No. 8873.—A VERY ORIGINAL SHIRT BLOUSE.

For Description see Pages 30 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

the smallest laundries will she be required to put her knowledge into practice.

There is, of course, an unfailing demand for laundry workers. But even if a girl is a born ironer, or a gifted "copper woman," I should never advise her taking such a position. In the first place the work is too hard, in the second, the pay is too small.

The post for which such a woman is adapted is that of forewoman in the various departments of the laundry, from which she can rise to a manageress's appointment.

The chief qualification for such work is *strength*. The hours are long, from eight till eight, and often later, and from eight till four on Saturdays, and the forewoman will have to do a great deal of standing. She will also be responsible for the work of every woman in her department; so she must be a strict disciplinarian, but very



No. 8874.—BEAUTIFUL STRIPED SHIRT BLOUSE.

For Description see Pages 30 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

This sorting-room forewoman or head packer, as she is called, receives the incoming clothes, checks them, and makes notes of all inaccuracies, such as things that have been omitted or miscalculated. She also has to see that each piece receives the mark kept for that particular customer.

From the sorting-room the linen is passed on to the wash-house, which is presided over by a copper woman, whose business it is to see that the washerwomen, if it is a hand laundry, or the rotary machines, if it is a steam laundry, are kept supplied with hot water, clothes, &c.; that the things are washed properly and that soap and soda are not wasted in the process. She receives the washed clothes and attends to the rinsing, bluing and starching.

To many people this is the most interesting branch of laundry work, but it is also by far the most arduous, and for that reason the copper woman is generally a washerwoman promoted to her responsible post by reason of her experience and intelligence. From the laundry the clothes go to the drying room. The forewoman here is responsible for drying and preparing for the ironers.



No. 8875.—A CAPITAL INDOOR SKIRT AND MORNING SHIRT BLOUSE.

For Description see Pages 30 to 36.

Price of Paper Patterns, Skirt, 1s. 6d.; Blouse, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"The dress you have suggested is just exactly what I wanted."—L. O'S.

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DOOR SKIRT AND
LOUSE.

s 30 to 36.

1s. 6d.; Blouse,
10 and 11, Fetter



No. 8876



No. 8877

AN ELEGANT TRAVELLING DRESS AND AN EXCELLENT "SPORT" OR MORNING "TAILOR-MADE."

For Descriptions see pages 30 to 36.

Price of Paper Patterns, Long Coat, 1s. 0d.; Skirts, Belted Coat, Foundation Skirts, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8878

No. 8879

A CHARMING RESTAURANT WRAP AND AN ELEGANT EARLY SPRING VISITING GOWN.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns Tunic Gown, 1s. 6 $\frac{1}{2}$ d.; Wrap, 1s. 0 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

is a mending department, which, again, has its forewoman, and in very large businesses there is a chemical room under the management of a qualified chemist, who treats stains, &c.

The organising of a laundry, therefore, is only simple as long as everybody concerned is accurate and wide awake; but one careless forewoman can make muddles and hindrance for every other department. The manageress is absolutely responsible for everything, and on her shoulders falls the blame—from the owners if the work is not done efficiently and economically, and from the customers if anything goes wrong, if the clothes which were promised on Thursday do not arrive until Saturday; if the handkerchiefs mysteriously disappear; if the nightdresses that were particularly ordered limp come home stiff as a board, and so on. And of course she often gets blamed for mistakes which are solely due to slackness in her subordinates. That is why clear-headedness, organising, and discipline are so essential.

With regard to salaries, a forewoman will earn from 25s. to 30s. per week at first, according to the size of the laundry, while a manageress will average £90 to £110, often in the provinces, with a house, coals, and light included. In London her salary will probably be better, but she will have to provide her own house.

As laundry superintendent in Poor Law or County Council institutions, salaries vary from £25 to £50, with everything found. In these places the work is not very interesting, but a good home and companionship affords compensation to a lonely girl.

In country mansions the work is pleasanter, but as a rule the laundry maids all live together, so that one middle-class girl would feel rather isolated. If two or three friends could obtain such work together, one can imagine that the conditions would be ideal.

It has been suggested to me that a girl could make a living by taking in very fine blouses, lingerie, babies' clothes, &c., and doing the work entirely alone. She might, if she had a very large connection, and could charge high prices. Otherwise, taking into consideration the time this fine work takes, and the fluctuating supply through the varying seasons—she must not hope to earn more than pin money.

At present there are very few places where manageresses can train. The National Training School of Cookery, &c., in the Buckingham Palace Road gives a six months' course, and a diploma, the cost of which is thirty guineas, and a school is about to be started by Miss E. Froughton, Sunnyside, Wisteria Road, Lewisham, S.E. Miss Froughton has for fourteen years been principal lecturer in Domestic Economy under the L.C.C., and is now running a laundry in which her pupils will receive practical instruction. Her course will probably occupy twelve months, and her fees will be very moderate.

Most laundries are willing to take apprentices, but these are usually kept to one department, and it is only by paying a fee that one can reasonably demand to be taught the whole routine of management.



No. 8890.—AN EXQUISITE DINNER OR RECEPTION GOWN.

For Description see Pages 30 to 38.

Price of Paper Patterns, Underdress or Princess Tunic, each 1s. 0½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

A Braided Russian Coat and Panelled Skirt.

THE attractions of the dainty little Russian coat, which is to be such a feature of the Spring "Tailor Made" are much enhanced by being braided. The basques of a short coat should never be braided, so that the braid embroidery resolves itself into a graceful decoration of front, back, and sleeves, the design of the braiding being so manipulated that it becomes the figure.

Our model of a short Russian coat—one of our splendid free patterns this month—has the new fashionable square neck, back and front, and is double-breasted—the favourite form for the latest belted coats. The braiding resolves itself into a rich triangle of braiding for the double-breasted right front, and a smaller triangle for the one-piece back, each triangle of braiding ending in wavy and line rows of braid to

edge the square neck. On each sleeve is a "curl" of braiding carrying out the general design, the curl merging into the straight lines which edge the sleeves. The only braiding on the skirt is the triangular panel between the crossed fronts, this triangle being the largest of the three and reversed—that is, its base is downwards instead of being topmost as on the coat.

The design, a very beautiful one, being complicated, we have had full size transfers of it prepared—the double breasted right front, the one-piece back, the two curls for the sleeve, the complete skirt panel. The straight line round neck and the lines round sleeve require no transfer; but we give also the wavy design for each shoulder. The shoulder braiding should not be done till the coat has been fitted. The left shoulder hooks at the shoulder seam

so that the braiding must be in two halves, meeting nicely.

A silk braid not more than eighth of an inch should be used. It should be put on by hand, as in machine stitching the smoothness of the curves is, as a rule, less attended to. The braid can be got at Head and Sons, The Golden Tassel, Sloane Street, S.W.

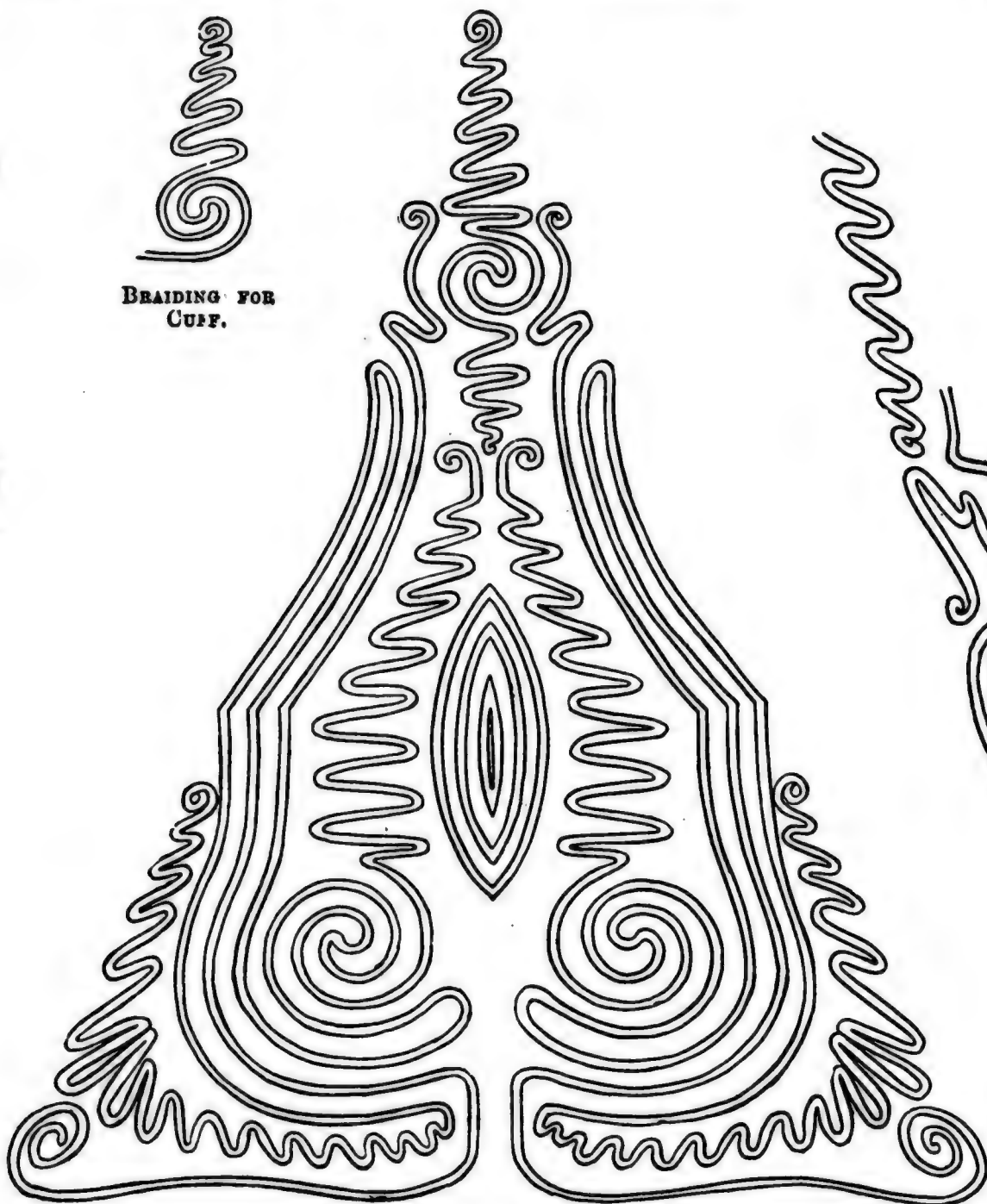
It would be well worth while buying this transfer for future use, as it can be adapted for many purposes. It would look excellent on a cloth princess dress, closing on the left, and could be adapted to most styles of tailor made which are double breasted.

BRAIDING
FOR
COAT
BACK.



COAT BRAIDING (RIGHT FRONT).

BRAIDING FOR
CUFF.



BRAIDING FOR SKIRT PANEL.

Full-size Transfers of this Braiding (Complete Skirt Panel, Complete Double-Breasted Right Front, and Complete Back, with Two "Curl" Designs for Sleeves) can be had, price 6½d., Post Free, from Madame Myra, 10 and 11, Fetter Lane, E.C.



No. 8881

No. 8832

EARLY SPRING TAILOR GOWNS WITH TWO NEW COATS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Plected Coat and Skirt, each 1s. 0½d.; Coat, 9½d.; Skirt or Foundation Skirts, each 6½d., post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Employment Bureau.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice must be cut out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—Letters for any department *except* Employments are *not* to be sent to Miss Winifred Jones, who does not and cannot undertake to forward such communications. Letters for the "Free Bargains" and "Dressmakers" columns must be addressed to "The Editor." Notices for the Register must be clearly written on a separate sheet of paper. Postcards must not be used.

FREE REGISTER.

No. 752.—Experienced dressmaker wants position as head dressmaker in county town business or as second hand in first-class establishment.

No. 753.—Wanted two rooms near Westbourne Grove by high-class dressmaker. Would share rooms with another who has her own connection.

No. 754.—At ladies' houses. Thorough dressmaker desires engagements for a month, 6s. a week. Ladies' and children's work. Clever remodeller. Knowledge of upholstering. Recommended. Kent or Sussex.

No. 755.—Ladies' and children's dressmaker. All kinds of renovations. Costumes from 12s. 6d., shirt blouses from 3s. 6d., fancy blouses from 5s. 6d., children's frocks from 3s. 6d. (S.W.)

No. 756.—Exquisite work. Prize winner. Recommended. Crochet tea cloths, tray cloths, d'oyleys, edgings, &c. (S.E.)

No. 757.—Children's and babies' garments. Renovations. Needlework of all kinds. Recommended. (S.W.)

No. 718.—Finest smocking, lingerie, blouses, dresses for children and adults. Orders solicited. Recommended.

No. 758.—Ladies' underwear. Nightgowns from 1s. 6d., chemises from 9d., knickers from 1s., camisoles from 1s. 3d., combinations from 1s. 9d., blouses 2s. 6d., inclusive. Children's clothing of all descriptions. Renovations. Alterations. Highly recommended.

No. 722.—Children's dressmaker for children up to four years old. Making pinafores, 7d.; underskirts, flannel, 6d.; muslin, 8d.; dresses, 1s. and 1s. 3d. (N.E.)

No. 750.—Lessons in bridge and whist by good player and successful teacher. Twelve lessons of two hours' each, 15s. 7.30-9.30 or 8-10 p.m. Private lessons, 2s. 6d., or 25s. for twelve. (Sydenham.)

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References. Foreign orders taken.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended. Materials supplied if wished.

No. 731.—Dressmaker and milliner who has agencies would be glad to take another for knitted gloves, underclothing, &c. (S.E.)

No. 711.—Renovations, dressmaking at home or at ladies' houses. Highly recommended. (W.)

No. 789.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charge. (Tonbridge.)

No. 528.—Fancy embroidery. Bazaars and brides' parcels. Ladies' materials worked up cheaply.

No. 737.—Embroideress desires orders for work at home. Blouses, trimming, or fancy articles of any kind.

No. 692.—Dainty hand-made lingerie at moderate prices. Nightdresses and camisoles a speciality. Orders solicited.

For other answers on this subject, see page 42.



No. 8883.—GIRL'S ELEGANT OVER-DRESS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Over-Dress or Blouse, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8884.—CHILD'S HOODED DRESSING GOWN.

For Description see Pages 30 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8885.—BOY'S CLOTH OR VELVETEEN TUNIC.

For Description see Pages 30 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8886.—GIRL'S CLOTH OR TWEED COAT.

For Description see pages 30 to 36.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8887

No. 8888

No. 8889

STUART DRESSES FOR CHILD BRIDESMAID & PAGE. A BEAUTIFUL BRIDAL GOWN.

For Descriptions see Pages 30 to 33.

Price of Paper Patterns, Bridal Dress, 2s. 0½d.; Child's Dresses, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8890

No. 8891



No. 8892

EARLY SPRING MILLINERY.

For Descriptions see Pages 30 to 36.



No. 8893



No. 8894

TWO EXCELLENT EARLY SPRING OVERCOATS, FOR RAIN, TRAVELLING, &c.

For Descriptions see Pages 31 to 36.

Price of Paper Patterns, each 1s. 0^hd., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



No. 8895

No. 8896

VISITING GOWN (WITH NEW STOLE AND MUFF) AND TAILOR GOWN WITH RUSSIAN COAT.

For Description see Pages 30 to 36.

Price of Paper Patterns, Visiting Gown, 1s. 6d.; Skirt, Stole, or Coat, each 6d.; Muff, 3d., post free, of
 MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8897

No. 8898



BRIDE'S "GOING AWAY" DRESS AND A SMART STRIPED "TAILOR-MADE" FOR HER TROUSSEAU.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Princess Dress, 1s. 6d.; Coat or Skirt, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8899



No. 8900



EXQUISITE GOWN AND COAT FOR BRIDGE, TEA, OR HOME DINNERS.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Princess Dress or Over-Dress, each 1s. 0½d.; Coat, 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 8901

No. 8902



TWO CHARMING DINNER FROCKS.

For Description see Pages 30 to 36.

Price of Paper Patterns, Tunic Skirt, Princess Over-Dress or Under-Dresses, each 1s. 0^d. ; Blouse, 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.



SOME OF THE SMART SPRING STYLES, SHOWING THE "HABIT" COAT.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Princess Dress and Pleated Skirts, each 1s. 0½d.; Coats, each 6½d., post free, from MADAME MYRA, 10 and 11, Fetter Lane, E.C.



SMART STYLES FOR THE EARLY SPRING.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Princess Dress, 1s. 6d.; Short Coat, Skirts, Foundation Skirts, Blouse, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

DESCRIPTIONS OF THE FREE PATTERNS.

[NOTE.—Our Free Patterns, presented with each number, are always cut stock size for ladies: Skirts (from natural waist), 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. No turnings are given.]

NEW CROSS-OVER SKIRT.

THIS beautiful tailor skirt is the very thing to wear with the new short Russian coat, which is such a feature of the Spring styles. Our four-gore skirt is distinguished by the smartly lapped fronts, which are cut away as they separate, to show a beautifully braided panel. The fronts lap on the panel with a free doubled edge over one inch wide. This deep free lap is given in the pattern, but a broad turning for the doubling must be allowed. A single row of machine stitching secures the broad lap of both fronts over the panel, and of the right front over the left. The opening of skirt is left in this lap of right front, closed with Newey's Imperial Spring hooks. A notch at foot of front shows the depth of the free laps. The notch at waist shows the front's centre. The pattern is in three pieces: one front, one back, half the panel. The diagram shows the pattern-pieces laid on 4½ yards, 50-54-inch material, in this case a fine South Devon navy serge. This beautiful spring serge can only be got from the South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

The serge is opened out and is double beneath back and front pieces, so that each is cut in duplicate. A space on the single material is marked out for the lacking half of panel, which joins the crossed fronts where they split apart, at the notch, the notch at foot of panel and front showing where the machine stitching of

free doubled lap comes. Before putting the skirt together braid the panel, using fine black silk braid. Full directions for doing this will be found on page 12. This panel, to support the braid should be lined.

Tack together fronts and panel, leaving opening on left. Tack a small waist dart in each front and back. Tack together the backs, tack them to the fronts (double-notch seam), and try on. Be careful not to cut darts till fitted. They should be as small as possible.

Stitch and press seams. Hem the lower edge. Finish left opening and put on fastenings. Bind the waist, and close with two large hooks and eyes (Newey's). Wear over a separate foundation skirt of silk or mercerised lining, to which it is secured at waist only. The pocket can be in the foundation skirt or in the lapped opening of skirt.

This beautiful model is by no means difficult to make and fit. In shortening the skirt (if necessary) the panel must not be shortened, as then the braiding pattern would not fit. The panel must be slightly raised upwards, and the curve of fronts modified to fit it in its new position.

THE SPRING RUSSIAN COAT.

This novel and charming little coat is of the same navy Royal Devon serge as the skirt just described, and is braided in the same way (see page 12). All braided parts must be supported with an interlining of lino.

The pattern is in 5 pieces: the double-breasted right front, half the back, one sidepiece, upper and under of one long tailor sleeve. The diagram shows the pattern pieces laid on 2 yards, 50-54-inch serge, which is doubled in half (selvedges meeting), back centre laid along the fold. A notch in right front's neck shows the front

centre, the left coat front being cut, of course, without double-breast. When fitted and sewn, the right and left fronts hook together down the centre, and the right front buttons over on the left, the button-holes made in the serge facing of right front, which is stitched to right front to correspond exactly in width and line with the free lap of skirt.

Begin by braiding right front and back, leaving only the shoulder scroll, which may have to be modified a little, according to whether you take up or let down the shoulder seam in fitting.

When braided, tack together fronts and sides. Tack the side pieces (at double notch) to back, and try on. In fitting, interfere as little as possible with the lap of fronts. Fit by the single and double notch seams. Stitch and press seams and finish scrolls of braid on shoulders. Face the right front to just beyond centre with serge interlined with canvas, and sew the eyes here, covering the tails with the felled lining. The left front has the hooks sewn on the extreme edge, between stitched serge (stitched over a strip of lino) and the felled lining. Leave a good turning to right front's facing, for there the button-holes are made. When these are made, stitch down the facing to imitate exactly the free lap of skirt, and secure facing and front together between each buttonhole with a few back stitches. Line the rest of coat with white silk, cut on coat pattern but seamed apart, the edges slipstitched over stitched coat turnings and the facing of right front. Rather small flat black satin buttons should be used.

The sleeve seams are tacked, the elbow of upper being slightly gathered into under just at curve. Fit and press seams. Braid the sleeve, supporting the braiding with lino. Line. Pin sleeve into armhole on wearer, and fell the armhole lining over the seam.

"ADAPTABLE" BLOUSE FOR DAY OR EVENING WEAR.

This blouse, of the skirt material, braided to match, makes a beautiful complete gown with our free skirt. The same transfers as are used for the coat can be employed to braid the back and front panels. The blouse can be of satin, worked in silk braid of the same colour or in metal braid. Or it could be embroidered in chenille on satin or ottoman silk.

The pattern is in six pieces: half the blouse (open front and open back cut in one), half the front panel, half the back panel, one sleeve puff, one over sleeve, half the collar. Sleeve lining (and lower sleeve) are cut on the coat sleeve pattern. By omitting turnings of seams, the coat sleeve is just the right width for the blouse. A notch and a double notch show where the puff joins the sleeve lining. This puff is of lace; the two puffs take 24 inches of 18-inch lace.

The lower part of panels (10½ inches at centres of back and front) are of the blouse material, and are braided. The diagram for

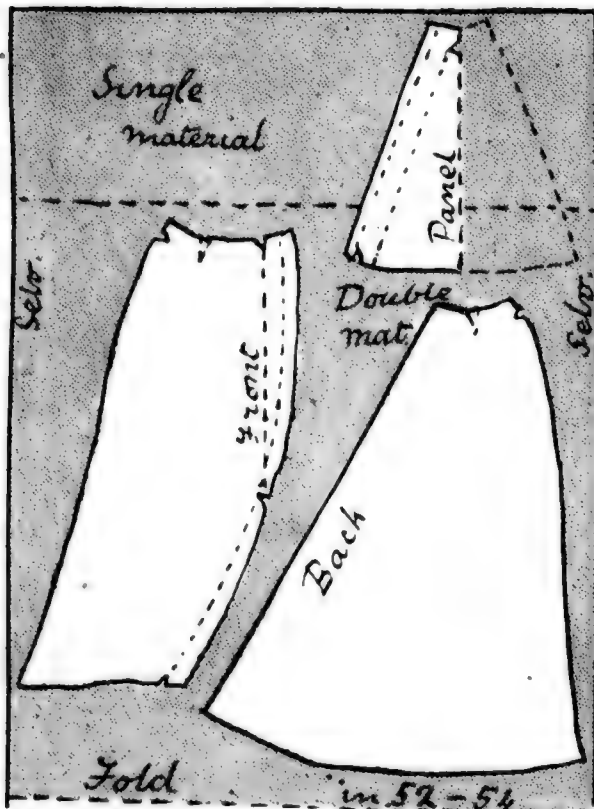


DIAGRAM OF SKIRT PATTERN.

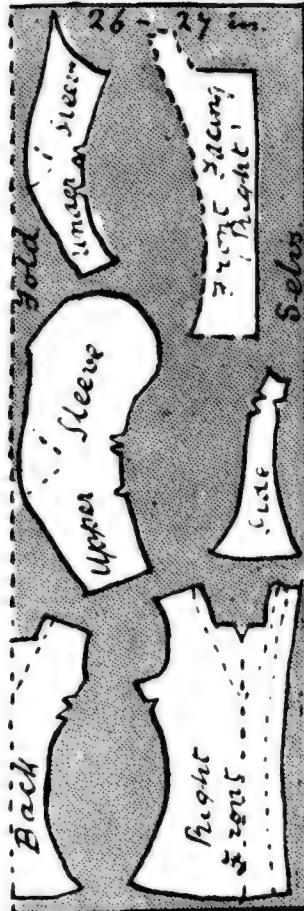


DIAGRAM OF COAT PATTERN.

"I have been a subscriber for years and always find your journal so useful."—C. A.

ALL THESE BEAUTIFUL MODELS CAN BE CUT FROM OUR FOUR FREE PATTERNS.



ANOTHER
VERSION OF
OUR
"ADAPTABLE"
BLOUSE
PATTERN.

(With the Skirt in
Satin makes a Com-
plete Dance Frock.)



No. 4.—THE NEW BREECHES FOR
A GIRL OF 14-16 YEARS



No. 3.
NEW
"ADAPTABLE"
BLOUSE.

(With Free Skirt
this makes a Com-
plete Costume.)



No. 1.—THE NEW CROSS-OVER SKIRT.
No. 2.—THE NEW RUSSIAN COAT.
(Making a Complete Tailor Suit for the Spring.)

OUR FOUR FREE PATTERNS.

PROVIDING THREE COMPLETE COSTUMES FOR A LADY AND A GARMENT FOR A GIRL.

For Descriptions see Pages 24 and 26.

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut stock size for ladies: Skirts (from natural waist), 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. No turnings are given.]

NEW CROSS-OVER SKIRT.

THIS beautiful tailor skirt is the very thing to wear with the new short Russian coat, which is such a feature of the Spring styles. Our four-gore skirt is distinguished by the smartly lapped fronts, which are cut away as they separate, to show a beautifully braided panel. The fronts lap on the panel with a free doubled edge over one inch wide. This deep free lap is given in the pattern, but a broad turning for the doubling must be allowed. A single row of machine stitching secures the broad lap of both fronts over the panel, and of the right front over the left. The opening of skirt is left in this lap of right front, closed with Newey's Imperial Spring hooks. A notch at foot of front shows the depth of the free laps. The notch at waist shows the front's centre. The pattern is in three pieces: one front, one back, half the panel. The diagram shows the pattern-pieces laid on 4½ yards, 50-54-inch material, in this case a fine South Devon navy serge. This beautiful spring serge can only be got from the South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

The serge is opened out and is double beneath back and front pieces, so that each is cut in duplicate. A space on the single material is marked out for the lacking half of panel, which joins the crossed fronts where they split apart, at the notch, the notch at foot of panel and front showing where the machine stitching of

free doubled lap comes. Before putting the skirt together braid the panel, using fine black silk braid. Full directions for doing this will be found on page 12. This panel, to support the braid should be lined.

Tack together fronts and panel, leaving opening on left. Tack a small waist dart in each front and back. Tack together the backs, tack them to the fronts (double-notch seam), and try on. Be careful not to cut darts till fitted. They should be as small as possible.

Stitch and press seams. Hem the lower edge. Finish left opening and put on fastenings. Bind the waist, and close with two large hooks and eyes (Newey's). Wear over a separate foundation skirt of silk or mercerised lining, to which it is secured at waist only. The pocket can be in the foundation skirt or in the lapped opening of skirt.

This beautiful model is by no means difficult to make and fit. In shortening the skirt (if necessary) the panel must not be shortened, as then the braiding pattern would not fit. The panel must be slightly raised upwards, and the curve of fronts modified to fit it in its new position.

THE SPRING RUSSIAN COAT.

This novel and charming little coat is of the same navy Royal Devon serge as the skirt just described, and is braided in the same way (see page 12). All braided parts must be supported with an interlining of lino.

The pattern is in 5 pieces: the double-breasted right front, half the back, one sidepiece, upper and under of one long tailor sleeve. The diagram shows the pattern pieces laid on 2 yards, 50-54-inch serge, which is doubled in half (selvedges meeting), back centre laid along the fold. A notch in right front's neck shows the front

centre, the left coat front being out, of course, without double-breast. When fitted and sewn, the right and left fronts hook together down the centre, and the right front buttons over on the left, the button-holes made in the serge facing of right front, which is stitched to right front to correspond exactly in width and line with the free lap of skirt.

Begin by braiding right front and back, leaving only the shoulder scroll, which may have to be modified a little, according to whether you take up or let down the shoulder seam in fitting.

When braided, tack together fronts and sides. Tack the side pieces (at double notch) to back, and try on. In fitting, interfere as little as possible with the lap of fronts. Fit by the single and double notch seams. Stitch and press seams and finish scrolls of braid on shoulders. Face the right front to just beyond centre with serge interlined with canvas, and sew the eyes here, covering the tails with the felled lining. The left front has the hooks sewn on the extreme edge, between stitched serge (stitched over a strip of lino) and the felled lining. Leave a good turning to right front's facing, for there the button-holes are made. When these are made, stitch down the facing to imitate exactly the free lap of skirt, and secure facing and front together between each buttonhole with a few back stitches. Line the rest of coat with white silk, cut on coat pattern but seamed apart, the edges slipstitched over stitched coat turnings and the facing of right front. Rather small flat black satin buttons should be used.

The sleeve seams are tacked, the elbow of upper being slightly gathered into under just at curve. Fit and press seams. Braid the sleeve, supporting the braiding with lino. Line. Pin sleeve into armhole on wearer, and fell the armhole lining over the seam.

"ADAPTABLE" BLOUSE FOR DAY OR EVENING WEAR.

This blouse, of the skirt material, braided to match, makes a beautiful complete gown with our free skirt. The same transfers as are used for the coat can be employed to braid the back and front panels. The blouse can be of satin, worked in silk braid of the same colour or in metal braid. Or it could be embroidered in chenille on satin or ottoman silk.

The pattern is in six pieces: half the blouse (open front and open back cut in one), half the front panel, half the back panel, one sleeve puff, one over sleeve, half the collar. Sleeve lining (and lower sleeve) are cut on the coat sleeve pattern. By omitting turnings of seams, the coat sleeve is just the right width for the blouse. A notch and a double notch show where the puff joins the sleeve lining. This puff is of lace; the two puffs take 24 inches of 18-inch lace.

The lower part of panels (10½ inches at centres of back and front) are of the blouse material, and are braided. The diagram for

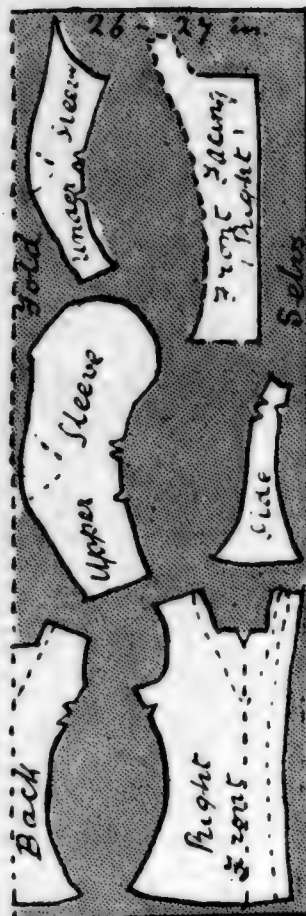


DIAGRAM OF COAT
PATTERN.

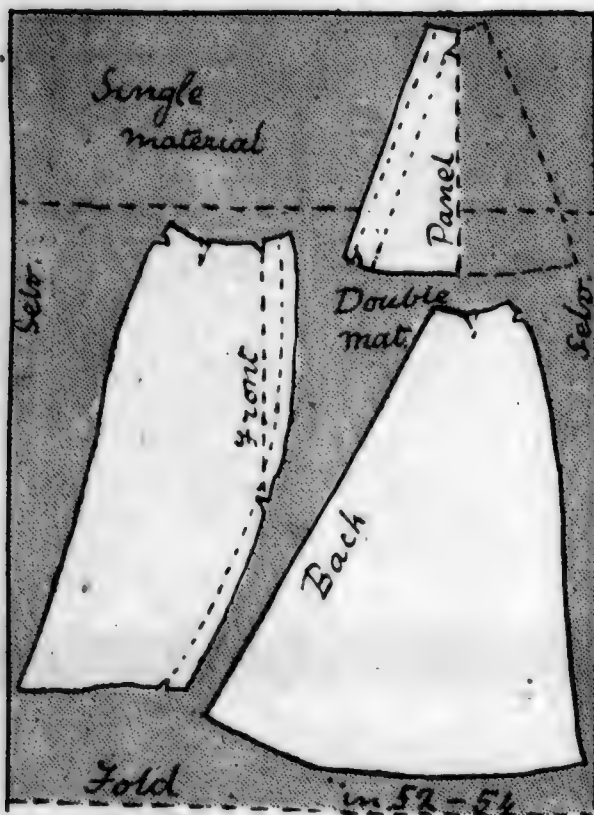


DIAGRAM OF SKIRT PATTERN.

"I have been a subscriber for years and always find your journal so useful."—C. A.

ALL THESE BEAUTIFUL MODELS CAN BE CUT FROM OUR FOUR FREE PATTERNS.



ANOTHER
VERSION OF
OUR
"ADAPTABLE"
BLOUSE
PATTERN.

(With the Skirt in
Satin makes a Com-
plete Dance Frock.)



No. 3.

NEW
"ADAPTABLE"
BLOUSE.

(With Free Skirt
this makes a Com-
plete Costume.)



No. 4.—THE NEW BREECHES FOR
A GIRL OF 14-16 YEARS



No. 1.—THE NEW CROSS-OVER SKIRT.
No. 2.—THE NEW RUSSIAN COAT.
(Making a Complete Tailor Suit for the Spring.)

OUR FOUR FREE PATTERNS.

PROVIDING THREE COMPLETE COSTUMES FOR A LADY AND A GARMENT FOR A GIRL.

For Descriptions see Pages 24 and 26.

serge or cashmere (to match free skirt) shows these lower parts of panels, together with blouse and over-sleeve laid on $1\frac{1}{2}$ yards 44-48-inch material, which is doubled in half, the selvages meeting. The upper part of panels (7 inches for back, 8 inches for front) are cut out of tucked white silk, also the collar and the lower sleeve (cut on sleeve lining to above single notch). Tuck up the material before cutting (see diagram). The collar can be a straight 14-inch tucked band, or the collar can be tucked to flat pattern.

Cut the tucked yoke as described. To it tack the braided front and back panels. Tack the blouse front and back upon panels according to notches, and try on.



BEAUTIFUL BRAIDED COAT.

The pattern of this Elegant Tailor Model was presented with our December No. (one of Four Free Patterns).

Price of Transfers of Braiding (Collar, Two Cuffs, Two Pockets), price 6 $\frac{1}{2}$ d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

This Braiding design could be adapted to decorate the Princess Gown, No. 8905.

When fitted, braid the turned edge of fronts and backs in a simple zig-zag pattern or in lines. The opening is on the left side of panel, and closes with hooks and worked loops. The tucked collar is stitched to yoke front and to right back, the left side hooking on right front and closing with hooks at back.

When the blouse is braided along fronts and backs, the lapped skirt should be

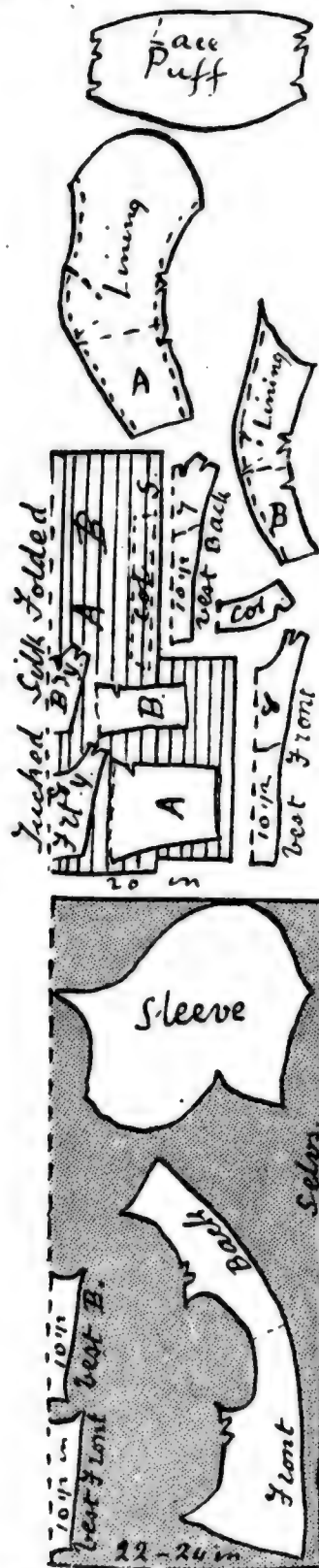


DIAGRAM OF BLOUSE PATTERN.

braided to match. If the laps of skirt are merely stitched, so should blouse edge. Like coat-and-skirt, blouse-and-skirt lines should match.

Cut the sleeve lining in silk. On it mount the tucked lower sleeve and the lace puff. Tack, fit, stitch seams. The over-sleeve, braided and seamed apart, is mounted on the lining. The sleeve is then pinned in place on the wearer, and is stitched in.

Without yoke and lower sleeve this pattern makes a lovely evening bodice of white satin, the panels covered with lace flounces. For a dance frock use our Free Skirt Pattern to match, made of white satin, the panel covered with lace.

YOUNG GIRL'S SERGE BREECHES.

This is the new style of knickerbockers for girls and ladies, and no trousseau should be without them. As many ladies will want this pattern, and may not care to enlarge our Free Pattern for themselves, Madame Myra will cut it full size for them for 6 $\frac{1}{2}$ d., post free.

The feature is the comfort and the good fit. The legs are fitted by seams and darts. Darts also help to fit the waist. The pattern (cut for a girl of fourteen) is in two pieces: one front (cut with back belt), one back.

The leg at back requires no dart. Each

front leg requires two. The diagram shows the pattern pieces laid on $1\frac{1}{2}$ yards 42-48-inch serge, which is doubled in half, selvages meeting.

Tack together backs and fronts each at double notches. Tack together the two halves at single notch seam. Try on, arranging darts of legs and waist, and leaving double notch seam free for an opening. This opening must be finished with stitched straps, and closes with buttons and buttonholes. This part of the leg, like the waist part, should be lined. The belt closes at back with buttons and buttonholes. The back flap is then gathered into a shaped lined $1\frac{1}{2}$ -inch band. To shape this band, cut it on waist band, 2 inches below top edge (see the dotted lines in diagram). Make three buttonholes in flap band which closes on buttons sewn in corresponding place on waist band.

MYRA'S PAPER PATTERNS.

MADAME MYRA, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6 $\frac{1}{2}$ d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complication; of a princess or Empire gown the pattern would cost from 2s. 6 $\frac{1}{2}$ d. post free.

Your patterns are all so well cut, it is always a pleasure to use them."—C. L. G.



No. 8909.—AN EXQUISITELY DRAPED PRINCESS DRESS.

For Description see pages 30 to 36.

Price of Paper Pattern, 1s. 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

COOKERY & HOUSEHOLD MANAGEMENT.

SOME BEVERAGES FOR BAD COLDS.

WHEN influenza, or any other form of what used to be called merely "an epidemic of bad colds," invades a household one of the problems to contend with is that of providing stimulating and nourishing drinks for the patients afflicted.

Not all housewives can make beef-tea or chicken broth which is palatable; not everyone knows how to make gruel, or toast, or barley-water; to say nothing of other drinks comforting and warming.

Therefore, some simple directions may be useful; and from them invalids may profit physically and nervously, since grumbings occasioned by ill-prepared potions need no longer exist.

The first directions given are for the preparation of beef-tea, which, be it remembered, is hardly a nourishing beverage, and it should always, or, rather, as often as possible, be given alternately with other food; but it is an excellent stimulant, and has thus a value not to be neglected. It must be made from quite fresh meat, and is best made freshly every day, and not left overnight and reheated. The meat must be the best juicy steak, freed from all fat and skin. It must first be wiped all over with a damp cloth, so that it may be delicately clean. Then, on a board, scrape and shred it down as finely as possible, so that the juice may be the more easily extracted; weigh it, and for every $\frac{1}{2}$ lb, allow $\frac{1}{2}$ pint of cold water, and $\frac{1}{2}$ of a teaspoonful of salt. Put the whole into a stone ware jar (a salt jar which has a lid, does very well) and stir well with a fork. Put on the lid, and secure the edges with a strip of flour and water paste, or put a well greased paper over. Either plan will do, the object being to prevent the strength of the beef tea escaping. Place the jar in a saucepan with cold water, three parts up its depth, bring the water slowly to boil, and then let it simmer by the side of the fire for three hours. The water must not boil down too low in the pan; and care must be taken to add more water, at the same temperature from time to time. The jar may be placed in the oven and the beef slowly cooked there an extra hour being allowed for this method; but the beef-tea is rather richer in flavour, and not all invalids like it so. When time permits, it is well to allow beef-tea to stand for half an hour, and then to stir it again before cooking begins.

Beef-tea in a hurry may be made by preparing the beef as already directed, and allowing it to remain for half an hour in a basin covered with a plate, and then whisking it in a very clean enamelled saucepan until it just reaches boiling point. Then draw the pan to the side of the fire, put on the lid, and let the beef-tea simmer slowly for ten minutes. When strained and carefully freed from fat, it is ready to use. This method provides a less

nourishing beef-tea than the former one, but it is so much more quickly prepared that it is well to know how to do it.

Delicate people sometimes object to, or are unable to digest, the small particles of meat which are seen in beef-tea. In such cases it should be strained before serving. In all cases the tiny globules of fat on the surface must be removed by passing over it pieces of soft kitchen paper, and also in no case must beef tea be allowed to boil quickly.

Mutton tea and chicken tea may be made in the same way as beef tea.

OATMEAL GRUEL.

Allow one tablespoonful of oatmeal to half a pint of cold water. Put the oatmeal into a clean basin, pour the water over it, and let it stand for half an hour, stirring now and then. Then stir over the fire until boiling, and let it boil for 7 to 10 minutes. Season with salt or sugar, according to taste, and add a little piece of butter, or a flavouring of wine, whiskey, or brandy. Some people dislike the grains of the meal, and these should be indulged either by straining them out after or before cooking. The latter gives less taste of oatmeal to the beverage, which is a disadvantage to many good folk, and it is wise to find out individual tastes in order to avoid irritating a fractious sufferer by providing just the kind of gruel he or she detests. Thickness in gruel is also a matter of taste, and may be adjusted by adding a larger proportion of water or oatmeal, as the case may be, in order to thin or thicken the whole.

Gruel may be made with milk instead of water, or it may have beef tea added to it, which will make it more stimulating. Barley meal may be used instead of oatmeal, and this is often welcomed as a change. One dessertspoonful should be allowed to half a pint of milk, which must be mixed very slowly and gradually into the meal, and stirred until quite smooth. A little butter and a pinch of salt should be added, and the whole stirred constantly over the fire until it boils. Then seven to ten minutes' boiling will finish it. A little piece of butter stirred in at the last moment improves it. It may be made with water instead of milk, making it rather thick, and then thinning it down with port wine. It should be heated up again after adding the wine, but it must not *boil* again.

BARLEY WATER.

This excellent drink is often made unappetising in appearance merely because the barley has not been blanched. This very simple process is merely to wash away all impurities. The barley should be well washed in cold water first, and then put into a saucepan on the fire, with as much cold water as will cover it, which as soon as it boils must be thrown away. Then let the barley be rinsed in cold water and put into the saucepan

again (the saucepan also being rinsed out with cold water), allowing for 1oz. of pearl barley 1 pint of water and the thinly peeled rind of about a quarter of a lemon. Let this simmer slowly for two hours; strain the liquid from the barley, sweeten to taste, and strain in as much lemon juice as will flavour it pleasantly. Barley water made thus will be white and nice to look at, as well as good to drink. Some invalids like a little milk added to it after straining, and in this case the lemon juice should be omitted. The barley may be used a second time, and still will make excellent barley water; or it may be used to make barley pudding for the "well" members of the household, so that it must be counted an economical item.

APPLE WATER (1).

Cut down two large apples into slices without peeling them (but after having washed and dried them). Put them into a jug, add the rind and juice of half a lemon, and a few lumps of sugar. Pour over the whole 1 pint of boiling water. Cover and leave until cold. Then strain.

APPLE WATER (2).

Proceed as before, but boil the apples and water, &c., until the fruit is quite soft. Strain through a muslin, and leave till cold.

WHITE WINE WHEY.

This is very easily digested, and may be given, often when other beverages are too heavy. Put 1 gill of water into a saucepan with 1 lump of sugar, and bring them to boil. Then pour in half a gill of sherry will curdle the milk. Boil up again; which strain through a muslin and use. Lemon may be used instead of wine, where that is disliked.

These drinks by no means exhaust the list of possible beverages for bad colds, but they serve to show how simply and easily comforting cordials may be made. Other recipes will be given gladly, from time to time, in correspondence.

LETITIA HOPE.

SAVOURY SHRIMPS.—Time, half-hour. For three or four persons. One tin picked shrimps, 3 eggs, $\frac{1}{2}$ teaspoonful beef extract, 1 dessertspoonful anchovy sauce, 1oz butter, buttered toast. Beat the yolks of the eggs and warm in a saucepan with the Lemco and anchovy sauce, soak the toast well with this mixture, heat the butter in a lined pan, cut the shrimps in two, and heat thoroughly in the butter. Spread on the toast, put all in the oven for a few minutes, and serve very hot.—Dublin.

BAKED CELERY AND CHEESE.—Cut two heads of celery into inch lengths and partly cook it, drain off the water, and pour a pint of milk over it, and stew for fifteen minutes, then set aside to cool. Butter a piedish and strew the sides and bottom with breadcrumbs, place alternate layers of celery, finely grated cheese, and breadcrumbs till the dish is almost full. Beat 2 eggs with $\frac{1}{2}$ pint of milk and a little pepper and salt, pour over the ingredients in the dish, place small pieces of butter on the top, and bake it for $\frac{1}{2}$ hour until the top is a light golden brown.—Tunbridge Wells.

An easy and quick way to clean windows. First damp a rag with paraffin oil, rub the glass all over, and polish with a clean linen or cotton cloth.—Balham.

No. 8910



No. 8911



No. 8912



No. 8913

No. 8914

No. 8915

ELEGANT TAILOR GOWNS & NEW BLOUSES FOR THE EARLY SPRING.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Pleated Skirts. 1s. 0½d.; Plain Skirt, Costumes, Blouses, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Descriptions of the Illustrations.

A New Short Spring Coat and Skirt to Match.

No. 8866. Smart skirt—a tablier with lapped seams, partly cut away to contain an added panel (with lapped seam). There are two sides and two backs. Stitch the hem. Mount the skirt at waist to a separate foundation skirt. Close in left tablier seam. Dainty little coat—two single-breasted fronts, two backs, four sides, the four sides short and finished with an added basque. Front and back seams of sides, also added basque, have lapped seams. Face fronts with the material and add slip-stitched velvet facings to revers. Close with buttons and buttonholes. Braided collar stitched on coat. Braided little waistcoat cross pieces seem to continue collar. Two-piece sleeve with round cuff. Line with satin or moire, cut on coat pattern but seamed apart. For the new spring cloths. 48-52-inch material required, 7 yards. For new spring materials, send to Robinson Brown, Department 46, Royal Silk Warehouse, Macclesfield.

Useful Pelerine and Muff.

No. 8867. Of velvet, lined with domot and satin, edged with coque feather matching velvet. To wear over a Spring visiting gown, &c. Bunch of flowers on muff.

Dainty Black Blouse of Net and Lace.

No. 8868. For theatre or home dinner use. **Page 5.** to wear with a corselet skirt of black ottoman silk or satin. There is a dainty square yoke of black lace insertion. Into this is arranged the backs and rucked front of net. A band of lace insertion passes over the shoulder, embellished with a graceful fold of black satin. Close at back. Full net sleeve gathered in with bands of black satin. Cuff of lace. Line the whole blouse with black chiffon and wear over a white satin underslip. 27-inch net, 4 yards. For net and lace, send to Messrs. Peach, 133, The Looms, Nottingham.

Pretty Afternoon Blouse.

No. 8869. The tucked front and backs are **Page 7.** of mousseline de laine, &c. (tucks wheelmarked on pattern), arranged into a sort of yoke of embroidered cloth straps. Vest in front only, made up of tucked silk and lace to flat pattern, with collar to match. Close at back with Newey's Imperial Spring Hooks and Newey Bars. Tucked sleeves (tucks wheelmarked on pattern), joined on a lower sleeve. Cut from tucked material. Elbow puff of the material, decorated with embroidered cloth band. 44-inch material, 2 yards.

Smart House Blouse of Fine Cloth, Viyella, Ottoman Silk, &c.

No. 8870. The pattern is in five pieces: the **Page 7.** tucked right front (cut with a very smart little tab), half the tucked back, one long sleeve, half the collar, one cuff. The tucks of back and front are wheelmarked on the pattern. The collar is decorated with a batiste collar and satin stock. Lay the pattern pieces on 2 yards of 48-inch material, which is doubled in half (selvedges meeting), back centre of back and front centre of collar laid along the fold. The left front is single breasted. Arrange and sew the tucks of fronts and back. Tack together fronts and back and try on. Line blouse with batiste, hem left front, face right front with the material and pipe the edge with satin. Draw in the cord of tab a little to make it fit neatly over the bust. This tab is decorated with a large button covered with satin. Close blouse with small hooks and worked loops—tab requiring three. Support the collar with bones, and stitch on right front and back of blouse. Bind left side of neck; to this edge the collar is held with hooks and loops, and it closes at back. Hem the lower edge of blouse. Seam the sleeve, decorate it with the piped cuff, and stitch in place in armhole.

Jétted Black Theatre Blouse.

No. 8871. Back, crossed open fronts and low-necked vest of jet sequin net, neck filled in with yoke of tucked net dotted with



No. 8916.—A USEFUL MORNING TAILOR SUIT.

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Coat, 9d.; Skirt, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

sequins. Cut yoke and collar from flat pattern. Short sleeve of the embroidered net, and tucked under-sleeve, cut from tucked jetted net. Line with black Brussels net, and wear over a white satin bodice. 27-inch embroidered net, 4 yards; spotted net, 2 yards.

Charming Blouse of White Satin.

No. 8872. Tucked backs and front, tucks **Page 7.** held with straps of rich lace. Tucks are wheelmarked on pattern. Front is cut low, filled in with yoke cut from tucked satin (with band collar to match). Close blouse at back. Sleeve is cut from tucked satin with elbow puff, added beneath lace bands. 44-inch material, 2½ yards.

A Very Original Shirt Blouse.

No. 8873. For cashmere, French flannel, **Page 8.** silk, &c. There is a lapped panel back and front, laid on the four-piece lapped yoke. The two backs and two fronts are full. Laps are given in pattern. Lapped neck piece on panel. Decorate with material (or silk to match) buttons, and close with hooks and worked loops on left of front panel. Band collar is hooked at back. Novel shirt sleeves, tucked (tucks wheelmarked) in an original manner into the shaped cuff which is lapped and stitched on the sleeve. Exceptionally smart model. 29-inch material, 4 yards. Velvet tie and belt.

Beautiful Shirt Blouse of Striped French Flannel, Delaine, &c.

No. 8874. A back and two fronts slightly **Page 8.** double-breasted, right front edge cut elegantly in points which hold the button-holes. Face this scalloped edge with the material. There is a broad tuck on each front passing over the shoulder and down the back. The smart two-piece sleeve is lapped to copy the right front. Cover the buttons with silk matching paler stripe. Cuff is cut with the stripes horizontal and so is the scalloped lap of the collar revers. Beautiful model. 29-inch material, 3½ yards.

A Capital Indoor Skirt and Morning Shirt Blouse.

No. 8875. Serge skirt has a full length panel **Page 8.** back and front, with lapped seams. Each side is made up of two short lapped pieces stitched together, finished with a pleated panel (pleats wheelmarked on pattern). Close in left tablier seam. Unlined. Pretty shirt with American yoke, for Viyella, mousseline de laine, or silk. Back and fronts are full, central box pleat cut with right front. Yoke is lapped on shirt. Decorate with silk-covered buttons. Shirt sleeve with smart cuff. 48-inch serge, 4 yards; 31-inch Viyella, 3½ yards.

An Elegant Travelling Dress.

No. 8876. The skirt, just touching the ground, **Page 9.** has braided tablier. The smart coat is longer at back than at sides, and is notable for the inset panels of knife pleats, which are firmly pressed. The coat is lined to hip only, the seams of basques being bound for neatness. A good Pirle-finished coating or tweed is best for this costume. Coat could be cut full length for a smart over-coat to use on colder spring days, or as a rain coat, &c. Seams, back and front, are lapped. Face fronts with the material. Collar, cuffs, revers are braided like skirt. 52-in. material, 9 yards.

An Excellent Sport or Morning "Tailor-Made."

No. 8877. The new Norfolk, for cycling, **Page 9.** walking, travelling, &c. Of tweed. Very smart 3-piece yoke, descending in form of pleats (represented by straps). Each front pleat holds two little pockets with flaps. Kid belt to match. Roll collar. Face collar and fronts with the tweed. Metal buttons. Line with silk. Two-piece sleeve with original cuff. Seven-gore tweed skirt with lapped seams, lined, with stitched hem. Knickerbockers of cloth and no petticoats. Make knickerbockers like Free Pattern for a young girl. 52-inch tweed for coat and skirt, 7 yards.

A Charming Restaurant Wrap.

No. 8878. This beautiful draped kimono can **Page 10.** be of soft satin or of pastel cloth. It is just the model for the new style of making the evening cloak just match the gown in colour. Line with soft silk. 44-inch satin, 6 yards. Send for satin and silk lining to Robinson Brown, 46 Department, The Royal Silk Warehouse, Macclesfield. Rich passementerie and tassels at neck.

An Elegant Early Spring Visiting Gown.

No. 8879. Looks excellent in silk or silk- **Page 10.** faced cashmere. The corselet skirt and the gracefully draped tunic are stitched to the draped bodice. The gown is trimmed with a very effective yoke and sleeve panel of embroidery. 6-inch silk cashmere, 9 yards.

An Exquisite Dinner or Reception Gown.

No. 8880. Skirt of white satin, in seven **Page 11.** gores, cut to flute richly but softly, stitched to the satin bodice lining, which closes at the back. The over-dress is of white ninon, embroidered with crystal bugle beads and decorated with a band of silver and crystal passementerie. The ninon tunic is full, the waist rising high at back, where the ninon drapery of tunic rises to the neck—in a sort of loose coat. Neck and front embroidery joins tunic embroidery beneath rich motifs. The passementerie is laid on white satin. The ninon bodice drapery in front opens to show a sort of satin belt and a lace vest. Sleeve of ninon is cut with front and back, and is supported by a little satin sleeve. 44-inch white satin, 8 yards; 45-inch ninon, 7 yards.

Smart Long Coat with Skirt.

No. 8881. Five-gore skirt of handsome black- **Page 13.** and-white tweed, worn over a foundation skirt. The long coat has a lapped seam front and back, front centres cut in one with added part of basque (cut circular enough to flute a little), added with lapped seam. There are two sides on each side, besides front centres and

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No. 8919

No. 8922

Nos. 8923 & 8924

ELEGANT OUTFITTING, SUITABLE FOR BRIDAL TROUSSEAUX, &c..

For Descriptions see Pages 30 to 36.

Price of Paper Patterns, Dressing Gown or Princess Petticoat, each 1s. 0d.; and the other models each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

backs. Coat closes with three buttons and button-holes. Long roll collar faced with velvet. Crossed waistcoat of white moire. Smart coat sleeves with velvet cuff. Line with white satin, seamed and pressed apart. 52-inch material, 8 yards.

Coat with Pleated Basque and Pleated Skirt.

No. 8882. Smart pleated skirt in five gores **Page 13.** of the coat material (pleats wheel-marked on pattern). The tablier is plain, with lapped seams, and is prettily braided. The skirt is simply hemmed. The pleats are secured inside nearly to the knees. The long coat has a lapped seam front and back. There are two short sides on each side, besides fronts and backs. Coat sides are finished with knife-pleated panels (pleats wheelmarked), and the short sides above are smartly braided. Coat closes with three buttons and buttonholes. Roll collar faced with velvet. Smart coat sleeves. Line with satin, seamed and pressed apart. For serge, Indian cashmere, cloth, or fine tweed, &c. 52-inch material, 10 yards.

Girl's Elegant Over-Dress.

No. 8883. This particularly smart model **Page 14.** makes an excellent bridesmaid's dress or party frock, carried out in accordion-pleated silk ninon (over a silk foundation) or in rich satin or velveteen. We give the pattern of the silk foundation on which the ninon dress is cut out of ready-pleated ninon. The rich satin or velveteen is cut, of course, on the foundation pattern. Skirt pattern, cut for a girl of eight, is in three pieces: half skirt, half the belt, one shoulder strap. Lay the pattern on 2 yards 24-27-inch velveteen. The material is opened out, and is single. Fold over enough to take the skirt (selvedges meeting), the front edge of pattern laid along the fold. As the velveteen is too narrow for the whole skirt, seam on an added corner at back. On the single full-width material is laid the strap pattern, its duplicate being marked on the single material. See that the velveteen feels rough when smoothed downwards. Sew the two back seams, leaving the opening here. Hem the lower edge of skirt and the opening edges, felling the velveteen



No. 8925.—A PRETTY DRESSING JACKET.

For Description see Pages 30 to 36.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

(over a band of lino) invisibly from the back, taking care not to penetrate the rich pile. If preferred, the skirt can be thinly lined with silk or thin mercerised lining. The belt *must* be lined, and it should be firmly interlined with lino over which the velveteen edges are herringboned. This skirt is arranged smoothly into the belt's lower edge, the lining of belt felled over the seam. The straps should have the edges herringboned over lino, and should be thinly lined. The front end joins the skirt waist at the single notch, the pleated back end joining it at the double notch. Pin the belt in place over the straps and when the straps are secured, cut away the part beneath the belt, the lining of which is felled over the strap ends. The straps meet at the back, but are separated in front. A small safety pin secures the strap on the shoulder of the blouse. For the other version of this dress, cut it and make as described in silk. The accordion pleating coincides with the lower edge of skirt, but the top is gathered to fit the waist. The accordion pleating is made up with the silk only at waist and opening. The accordion pleats are laid horizontally on the silk belt. As to the strap, the accordion pleating should be a straight band, fitting the lining exactly at its broadest part, the ends being gathered to fit the lining ends before these ends are pleated into the belt. Of course, a very dressy little blouse of fleecy silk or lace should be worn beneath this exquisite over-dress.

Child's Hooded Dressing Gown.

No. 8884. It can reach the ankles or the feet.

Page 14. Our pattern, cut for a child of four, is long enough to reach the ground. The fronts and sleeves turn back with revers. A feature is the hood—capital to shield the damp little head in passing from the bath room. It is suitable for girl or boy. If patterned material is used, with an up-and-down, there must be a seam on the shoulder. If plain cloth or frieze is used, back and front should be pinned together before cutting out. The pattern is in three pieces—half the back (cut with half the sleeve), one front (cut with half the sleeve), half the hood. Lay the three pattern pieces on 3 yards 48-inch grey frieze, which

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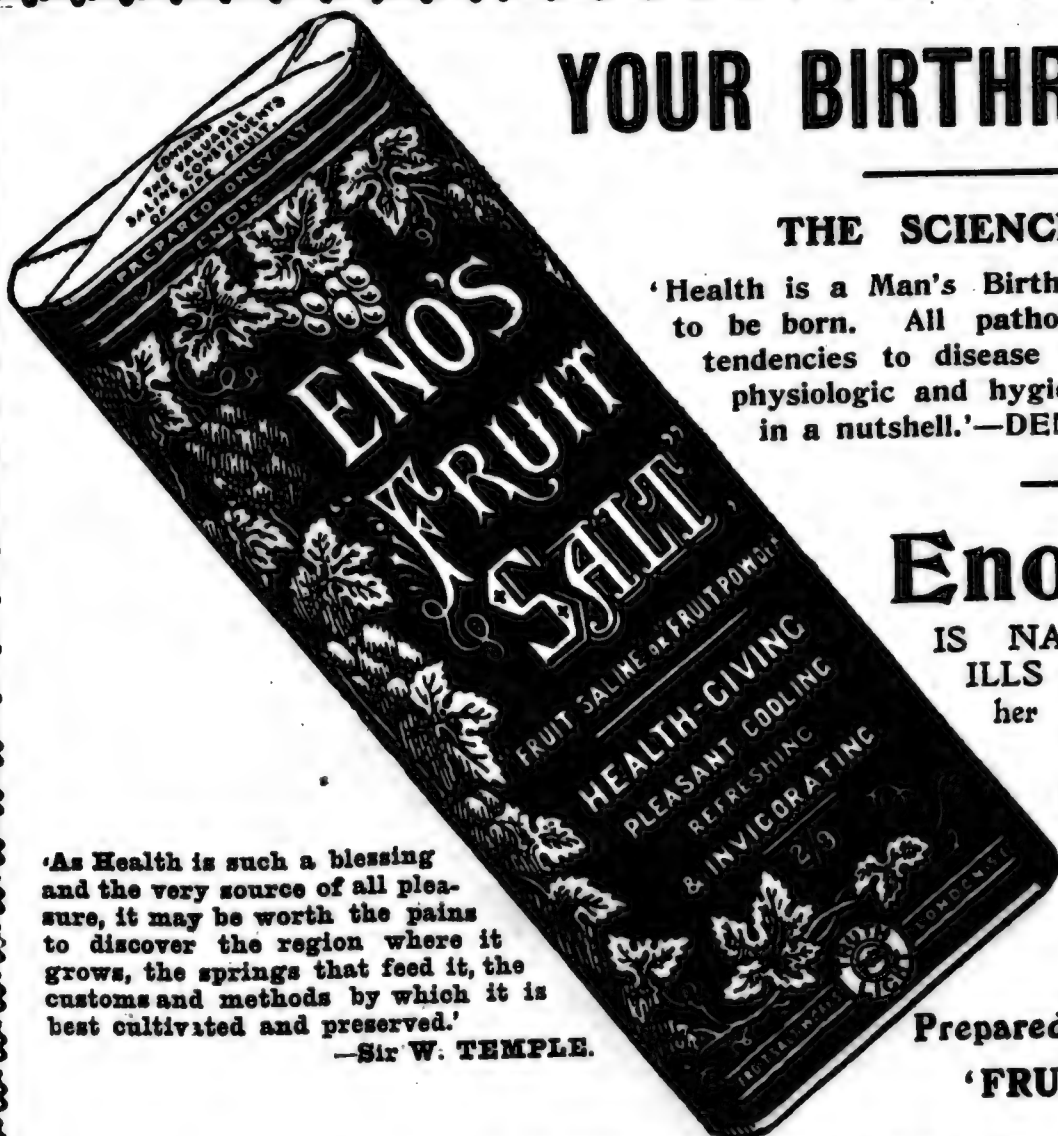
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—Sir W. TEMPLE.

is doubled in half (selvedges meeting), back centres of gown and hood laid along the fold. Most people like this gown in one piece; in that case the revers of front must be added at the wheelmark, material not being wide enough. If a back seam is not objected to, put the revers (and fronts) on straight of material. Stitch on the revers—which keep the biased fronts from stretching. Stitch the under-arm and under-sleeve seam. Hem the lower edge. Scallop revers of sleeves and fronts and work them in button-hole stitch with red wool. The woollen girdle and tassels should also be red. No fastenings are required but a hook and eye, or tasseled strings matching the girdle. The hood, in one piece, is seamed at top. The upper part of edge on face is scalloped, or the whole front is hemmed. The neck is pleated up in front and is stitched into the neck of gown according to the single notch. This seam should be protected by

neck. Seam the sleeve. Slit it for an opening, which is hemmed. Gather into the lined cuff. The tunic is furnished with a "Peter Pan" collar and cuffs of lace.

Girl's Winter Coat.

No. 8886. The pattern, cut for a girl of six **Page 14.** to eight, is in five pieces: one double-breasted front, half the back, the upper and under of one sleeve, half the smart little stand-up collar. The fronts close edge to edge with hooks and eyes, and the big wrap-over can button back as large handsome revers, or can wrap across each other very warmly. The revers are edged with fur, but braid loops of the fur colour are inserted in slits of the fur (ends strongly stitched to the cloth under the fur), and these loops hold the wrap-over back or across on

of eyes through tiny slits in the cloth facings, and stitch the tails firmly underneath to the well-secured interlining. The coat is lined with silk, cut on coat pattern but seamed apart, the edges slipstitched to stitched coat edges and to the front facings. To face the fronts, stitch edge of front (after tacking in interlining) to the facing's edge on the wrong side. Reverse into position, and stitch down edge neatly. This edge makes a capital basis for the fur band. The loops must be passed through the seam of facing before this stitching is completed. The ready-made loop can be passed through the slit in fur, as if the slit is a little big the skin can easily be sewn up (over and over) on the wrong side before the fur is finally put on. The little collar closes with two hooks and eyes inserted between interlined collar and lining. Coat is easier to make merely stitched, without fur.

No. 8926



No. 8927



No. 8928



EARLY SPRING STYLES FOR THE SCHOOLGIRL.

For Descriptions see Pages 30 to 36.

Prices of Paper Patterns, Pleated Skirts, each 1s. 0½d.; Blouses or Russian Coat, each 6½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

a band of grey sarsenet, which also should protect the seam attaching front revers.

Boy's Cloth or Velveteen Tunic.

No. 8885. The pattern, cut for a boy of two **Page 14.** to three years old, is in four pieces: the left double-breasted front, half the back, one sleeve, one cuff. The right front is cut from left front, ending at centre (shown by a wheelmark in pattern). In cutting the velveteen, see that pile feels rough if smoothed downward. Lay pieces on 2½ yards 24-inch velveteen, which is single, right front, facing of left front, duplicate of the sleeve cuff, marked on material. Tack together back and fronts and try on. Face left front with velveteen and line tunic with batiste. Close with hooks and loops, the buttons and false buttonholes being merely an ornament. Hem the lower edge. A white leather belt looks well passed through little velveteen straps. Pipe the

horn buttons of the fur colour sewn on right and left fronts. The collar and the sleeve are also trimmed with fur bands. Beaver or chinchilla on dark green cloth looks well. The big wrap-over must be faced with the cloth. Lay the pattern pieces on 2 yards 48-52-inch cloth, which is doubled (selvedges meeting), back centres of back and collar laid along the fold. A space must be marked out for the front facing (cut on front pattern). Four straps of cloth are made, and these are stitched to the coat to keep in place the broad kid belt, which should be of the fur colour. The revers edges must be very well made, and the fur put on the extreme edge so that the fronts look equally well either side. The revers front must be interlined with thin canvas, and the collar should be stiffened with the same. The part of the sleeve trimmed with fur must be interlined. To put on the hooks and eyes which close the fronts, pass the crook of hooks and the loop

Stuart Dress for Child Bridesmaid.

No. 8887. White satin skirt. White satin **Page 15.** coat with crenulated basque, with broad draped high-waisted sash belt. Satin collar, edged lace. Puffed satin sleeve, trimmed with lace. Stuart coil of white satin and lace. White satin shoes. For a girl of six, 44-inch satin, 3 yards. Bouquet of pale pink roses. Pink rosettes.

Stuart Dress for a Page.

No. 8888. Breeches and coat of white satin, **Page 15.** lace collar and cuffs, white satin cloak, lined pale pink satin. Pink rosettes. White satin shoes. 44-inch satin for a boy of seven, 2½ yards.

A Lovely Bridal Dress.

No. 8889. Nine-piece princess dress of white **Page 15.** satin, with long square train. Edge of skirt has a broad hem, and is decorated

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.

the cloth facings, and underneath to the well-coat is lined with silk, lined apart, the edges of the edges and to the front, stitch edge of front to the facing's edge into position, and stitch edge makes a capital loops must be passed before this stitching made loop can be passed the slit is a little big up (over and over) the fur is finally put on. two hooks and eyes and collar and lining. merely stitched, without

28



Fetter Lane, E.C.

Child Bridesmaid.

in skirt. White satin renulated basque, with ted sash belt. Satin l satin sleeve, trimmed white satin and lace. a girl of six, 44-inch pale pink roses. Pink

for a Page.

and coat of white satin, r and cuffs, white pink satin. Pink es. 44-inch satin for a

Wedding Dress.

princess dress of white h long square train. d hem, and is decorated

t it."—F. M.

inside with a chiffon frill. White silk foundation skirt stitched to the fitted silk bodice lining. The satin ceases at the bust, the top part of the dress being cut from tucked white silk ninon. A beautiful decoration made of lace insertion keeps the chiffon in place, a lovely pleating being draped through the lace, made of silver spangled white silk net. Over the satin is draped the lace princess tunic, made out of a lace shawl, draped with bouquets of orange blossom. The yoke, collar, and over-sleeve are of lace. 44-inch satin, 10 yards; 45-inch ninon, 4 yards.

Smart Early Spring Millinery.

No. 8890 to 8892, No. 8890. Pretty toque **Page 16.** of draped millinery cloth. **No. 8891.** Hat of soft, putty felt, and lined black satin. A band of gold embroidery encircles crown. Shaded putty feathers. **No. 8892.** Hat of palest mauve felt or straw trimmed with black satin, edged gold braid, and a black plume.

An Excellent Early Spring Overcoat.

No. 8893. It can reach the feet or be the **Page 17.** "seven-eighths" length illustrated. Should be built of good rain-proof tweed, coating cloth, or box-cloth. Makes a good travelling, motoring, or driving coat. Basques are cut with front centres, joined to the short fronts in a very smart way. Face the fronts with the material. Smart collar, faced with the material and an added slipstitched facing of black velvet. Two-piece sleeve with added cuff. Line with silk, cut on coat pattern but seamed apart. 52-inch tweed or cloth, 6 yards.

Smart Travelling Costume.

No. 8894. Five-gore skirt, tablier with lapped **Page 17.** seams. Elegant coat, with double-breasted front centres closing below the waist with two groups of three buttons. Seams back and front are lapped. Back centre seam is the ordinary kind, open below, the backs lapped over each other, tailor style. Two-piece sleeve. Face cuff and roll collar with velvet. Open fronts are filled in with a pretty brocade waistcoat matching the silk lining. Fronts are faced with the cloth or tweed of coat. 52-inch material required, 9 yards.

Visiting Gown, with New Stole and Muff.

No. 8895. The beautiful draped dress is of **Page 18.** fine face cloth, covered, for cold spring days, with a rich velvet stole to match, lined with domet and satin and edged with fur. Rich passementerie motifs, edged with fringe, decorate the stole. The muff is of the stole material draped on a padding of wadding, lined with satin and edged with fur. Gown is trimmed with rich lace, dyed to match.

Tailor Gown, with Russian Coat.

No. 8896. Trained skirt and beautiful cross- **Page 18,** over Russian coat, elaborately braided with narrow silk braid. Line coat with satin. 50-inch face cloth or fine French serge, 8 yards.

Bride's "Going-Away" Dress.

No. 8897. Suitable for a bride's "going-away" **Page 19.** dress, for silk-face cashmere. The seven-gore trained skirt is mounted on a separate silk foundation skirt. Smart princess tunic of original cut. Left back laps slightly over the right, the ends of the right shoulder drapery passing under the lap in something the same manner as the front end passes under left front. Dress can close at back or on right of embroidery vest. Yoke and collar of lace. Tunic, which forms a deep point at back, is edged with embroidery. If preferred, right front can cross over to left. Smart draped sleeve falling on a fitted lace sleeve. Beautiful model. 46-inch cashmere, 10 yards. In satin, without lace yoke and sleeve, this is an exquisite dinner gown.

A Smart Striped Tailor-Made.

No. 8898. Several of the lighter spring **Page 19.** cloths, &c., are striped, and this is a capital model for them. The skirt (round or slightly trained) is in three gores—tablier on straight, sides on cross. The buttons are covered with silk, matching the paler stripes. Coat is very smart, double-breasted front centres and



No. 8929.—A SMART STRAPPED "UTILITY" COAT.

For Descriptions see Pages 30 to 36.

Price of Paper Pattern, 9d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

sleeves on cross, fronts and sides on straight. Face fronts with the silk, and line with silk throughout. 48-inch material, 9 yards.

An Exquisite Gown for Tea, Bridge, or Home Dinners.

No. 8899. Semi-fitting princess dress of pale **Page 20.** russet satin, veiled with silk ninon to match, which falls in a full panel in front. Over this is an open coat overdress of the chiffon, beautifully pleated on the shoulder, the pleat of the little sleeve inserted under the last pleat. Sleeve falls loose over a light little lace sleeve. The low neck is filled in with pale tinted lace, backed with the russet chiffon. Lace dyed to match at edge. The loose coat overdress and a fringe of coppery beads weights the lower edge. The top of the full front panel is covered with rich bead passementerie. Dress looks exquisite in white satin and ninon, trimmed with white lace and crystal bugle trimming. 44-inch satin, 8 yards; 45-inch ninon, 12 yards.

A Net and Lace Bridge Coat.

No. 8900. Gracefully-draped model of spotted **Page 20.** net. Coat is semi-fitting, with one-piece back forming a long point. The right double breast is prettily draped across on the left with paste buttons. Edge coat with lace. Net bell sleeve, edged lace. Under sleeves and vest cut from tucked ninon. Coat can be worn over any princess dress or over a tucked blouse and skirt. Coat is more useful if the tucked vest and under-sleeve of ninon are made detachable. 27-inch net, 8 yards. For the net send to Messrs. Peach, 133, The Looms, Nottingham.

A Satin and Ninon Dance Frock.

No. 8901. Short skirt of white satin, veiled **Page 21.** with a fuller skirt of ninon. Over this is a satin over-skirt, decorated with trails of pale pink roses and silver leaves. Hem is faced with silk over lino to support the flowers. Crystal beads form Brandenburgs. Low satin bébé bodice veiled with fuller ninon, the neck edged with flowers, and finished with a drawn-up ninon tucker. Transparent full sleeve drawn in with pale pink velvet, forming the puffs. Belt of pink velvet. 44-inch satin, 10 yards; 45-inch ninon, 7 yards.

Dainty Dance Frock with Princess Tunic.

No. 8902. White satin skirt stitched to a **Page 21.** fitted low-necked bodice of satin, fastening at back. Veil with white ninon, made apart, a little wider (leave wider turnings to seams). Over this is the princess dress of ninon, closing at back. It is pleated to fit waist (pleats wheelmarked on pattern). The front is a rich lace panel, and deep lace edges the tunic (lace backed with ninon). The top of the lace secures the gathers of the full vest, which is edged at neck with lace. The overdress is tucked on shoulders (tucks wheelmarked on pattern). Draped transparent sleeve. 44-inch ninon, 12 yards; 44-inch satin, 6 yards.

Spring Coat and Pleated Skirt.

No. 8903. Five-gore skirt, pleats (wheel- **Page 22.** marked on pattern) at sides and backs only. Pretty double-breasted coat, semi-fitting, with roll collar faced with moire. Two-piece sleeve with moire cuff. Face fronts with the material. Horn buttons. Coat is lined with silk. Skirt, unlined, is worn over a foundation skirt. 48-52-inch material, 8 yards.

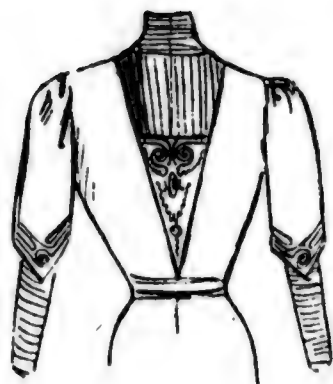
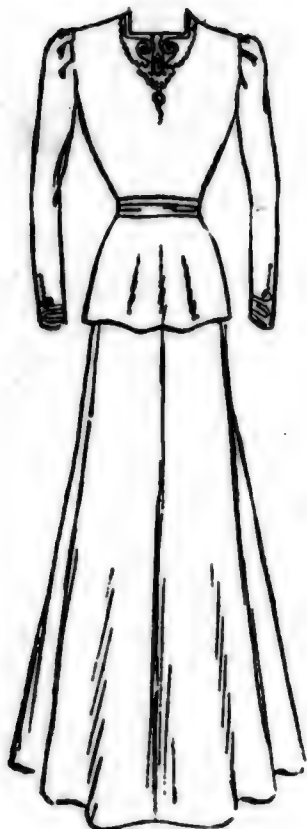
Pleated Skirt and "Habit" Coat.

No. 8904. New spring coat, close fitting and **Page 22.** boned, basques lined with canvas, faced with the coat material. Double-breasted, fronts hook down centre, and right front buttons over diagonally. Two-piece sleeve. Braided neck and wrist. Five-gore skirt, sides and backs pleated (pleats wheelmarked on pattern). 52-inch material, 7 yards.

Beautiful Princess Dress.

No. 8905. Fronts hook down centre, right **Page 22.** front closing over on left. Braided neck and collar. Very elegant coat. Braided tight sleeve, looser over-sleeve, the cuff turned back and faced. Good model for any of the new serges, cloths, &c. 48-52-inch material, 9 yards.

I have taken your journal for seven years, and find it very useful.—L. Bradbury, 38, Gladstone Avenue W.G.N.



BACK VIEWS OF
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FOUR FREE
PATTERNS.

Pretty Frook for a Bridesmaid.

No. 8906. Will serve afterwards as a summer frook. Full skirt is of soft blue silk ninon, mounted on a satin foundation skirt of the same colour. The fitted satin bodice (closing at back) is veiled with full ninon gathered at waist beneath rows of velvet to form a belt. This bodice is boned and is held to skirt by hooks and eyes. The white lace yoke is backed with ninon over the satin lining, and below the yoke is a panel cut from tuckd ninon, outlined with a velvet appliqué. Tucked ninon collar. Full sleeve of ninon, with lace lower sleeve on a satin lining. 45-inch ninon, 8 yards.

Tailor Gown with New Bolero.

No. 8907. Five-gore skirt of cloth, nicely hemmed, worn over a separate foundation skirt. Velvet belt (boned). Bolero of the cloth, edge stiffened, fronts faced with the material. Two-piece sleeve. Collar and cuff are faced with velvet. Line with satin. 52-inch cloth, 6 yards.

A Princess Afternoon Gown.

No. 8908. Looks well in silk-face cashmere. **Page 23.** The fitted lining, closed on left, is stitched to the silk foundation skirt. On this is hung the draped tablier, topped with a draped satin belt. The rest is a princess dress, the open fronts cut in one with short draperies, which cross and tuck into the belt. The neck is open front and back, filled in with embroidery and folds of satin. The short sleeve is edged with embroidery and is loose over a tucked satin under-sleeve. 46-inch silk-face cashmere, 9 yards.

An Exquisitely Draped Princess Dress.

No. 8909. A new and very charming style, **Page 27,** representing cross draperies over an under-dress. The whole dress must be mounted on a foundation of white, with a fitted low-necked bodice, closing at back or left shoulder and under left arm, stitched to a 7-gore foundation skirt. Left side is fitted with a bodice back and front and a wide skirt panel of white net, spangled with sequin of gold and mother of pearl. Over this is arranged the crossed draped back, the cross draped one-piece front, and the right hand side piece of white Oriental satin, edged with sequin net. A sequin net edges the low-neck and the wide armhole, which are filled in with long ruffled unlined sleeves of white net. Passementerie clasp fastens the satin back at waist on left, across the back fastenings of the foundation. Passementerie brandenburghs across the net skirt panel. The bodice back of satin is in one piece, but the skirt part is in two, joined to bodice drapery on left under the drapery folds at waist. 44-inch satin, 7½ yards. For the satin, send to Robinson

Brown, Department 46, The Royal Silk Warehouse, Macclesfield.

Tweed Coat and Skirt for the Spring.

No. 8910. Five-gore pleated skirt, **Page 29.** front plain. Pleats are wheelmarked on the tablier. Handsome coat. Two front centres close diagonally with hooks and worked loops, decorated with buttons and false buttonholes. There are two front sides, two sides, two backs; front and back seams lapped except back centre, which is open below. Face roll collar with velvet. Smart two-piece sleeve decorated with buttons and false buttonholes on a velvet cuff. Face fronts with the material. Line with satin or silk, cut on coat pattern, but seamed apart. 52-inch tweed, 8 yards.

A Mousseline de Laine or Silk Blouse.

No. 8911. Two fronts and a back, decorated **Page 29.** with lace-edged fichu draperies. Lace-trimmed vest of plain silk. Shirt sleeve, with tucked and lace-trimmed cuff. Tuck cuff and collar to flat pattern. 36-inch material, 4 yards.

Blouse Coat and Skirt.

No. 8912. Cross-over four- **Page 29.** gore skirt, decorated with braid on left side. Cross-over coat to match. The separate basque is braided on left. One-piece back, double-breasted fronts. Silk braid outlines left opening. Close with buttons and buttonholes made in facing of right front. Two-piece sleeve. Braided neck. Line with white satin, cut on coat pattern, but seamed apart, edges slipstitched to turned coat edges and front facings. Braided belt. 52-inch material, 7 yards.

Smart Viyella Shirt.

No. 8913. Tucked back and **Page 29.** front, closing on left of double breasted right front. Small collar band holds the linen collar. Pleated silk tie. Tucked shirt sleeve arranged into a cuff. 31-inch Viyella, 3½ yards.

Pleated Skirt and Blouse Coat.

No. 8914. Pleated skirt in five **Page 29.** gores, pleats wheelmarked on pattern. The edge is hemmed over muslin, and muslin bands support the braid, which is very smartly arranged (broad and narrow braid). Wear over a foundation skirt. Beautiful coat. The two-piece basque is added. Double-breasted fronts faced with cloth. Bodice part is in 3 pieces—two fronts, one back. Large collar is braided. The coat fastens with buttons and buttonholes. Line coat with silk, cut on coat pattern, but seamed apart. Two-piece coat sleeve. Stiffened cuff, faced with braided cloth. 52-inch material, 8 yards.

A Smart Shantung Shirt.

No. 8915. Fronts and back **Page 29.** are tucked (tucks wheelmarked on pattern), centre box pleat cut with right front. The shirt sleeve is finished with a cuff. Shantung buttons. 36-inch material, 3½ yards. Makes up beautifully in Viyella.

A Useful Morning Tailor Suit.

No. 8916. A handsome suit of **Page 30.** coarse rib serge or tweed, with neat skirt and long coat. The coat alone, lengthened, makes a smart overcoat. The back is cut much longer than the front, but this can be equalised

by those who like the cut but prefer an even length all round. Trim with silk braid and buttons. 50-inch material, 9 yards.

Lace-Trimmed Silk Underwear.

Nos. 8917, 8918, 8919, and 8921. Chemise, front **Page 32.** tucked or gathered into a yoke made up of tuckd material and embroidered silk. Armholes and neck are decked with fine and coarse lace. 36-inch washing silk, 3½ yards. **No. 8918.** Wide-legged French drawers to match. Below the Vandyke lace is a silk frill trimmed with the fine lace. 36-inch material, 3½ yards. **No. 8919.** Princess petticoat. It is easy fitting, and buttons at back. Reaches a little below hip, where a full silk flounce is hung. The flounce is decorated with a wide flounce of embroidered silk. Yoke matches chemise. 36-inch plain silk, 10 yards. **No. 8921.** Summer nightdress. Back and front gathered into a broad yoke, made up of tuckd silk and embroidered silk. The sleeve is a full flounce

Nos. 8930 & 8931

Nos. 8932 & 8933



Nos. 8931 & 8935

Nos. 8936

DAINTY DETAILS FOR THE BRIDAL TROUSSEAU.

For Description see Page 37.

Price of Paper Patterns, Over-dress, 6d.; the other models, 3d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

"I like Myra's the best of all English, French or German papers"—Mme. P. T., Budapest.

falling on a deeper lace-edge flounce. Coarse lace decorates lower edge of yoke as in chemise. 36-inch silk, 7 yards.

Elegant Dressing or Breakfast Gown.

No. 8920. Of cashmere, double-breasted, right front draped across to left. Two double-breasted fronts, two backs, two sides. Graceful full sleeves. Roll collar and cuff faced with braided silk to match. Tassels tip sleeves. Excellent model. 46-48-inch material, 8 yards.

A Pretty Dressing Jacket.

No. 8925. In mousseline de laine or **Page 33.** French flannel, strapped with silk, matching the floral design. Sleeves are vandyked and strapped. Shoulders are tucked (tucks wheelmarked on pattern). Eased basque is added beneath the belt of beading which holds the silk sash ribbon. Collar is faced with the silk, and silk covers the single button, which closes the double-breasted front. Particularly good model. 31-inch material required, 5 yards.

Set of Underwear in Horrockses' very Fine Long Cloth, Batiste or Lawn.

No. 8922, 8923, No. 8922. Pretty and **8924.** nightdress, neck cut **Page 32.** without fullness (new style), inserted with transparent torchon lace. Neck is cut slightly square. Ribbon threaded beading secures frills at neck and sleeves. Embroidered panel on each side. 36-inch material, 6 yards. **No. 8923.** Knickers to match, the legs drawn into a ribbon-threaded beading which holds the lace-trimmed frill. 36-inch material, 3 yards. **No. 8924.** Pretty chemise, cut without fullness at neck (new style), inserted with torchon lace. Embroidered panel on each side. 36-inch material, 3 yards.

Schoolgirl's Navy Serge Coat and Skirt.

No. 8926. Five-gore skirt, cut to flute **Page 34.** handsomely. Elegant coat—two backs, two sides, two double-breasted fronts. Seams back and front are lapped. Coat closes diagonally with large white cloth buttons and buttonholes. Face large square collar with white cloth and decorate with buttons. Cuff to match. Face fronts with the serge. Two-piece sleeve. Line coat with Robinson Brown's mercerised lining (Royal Silk Warehouse, Macclesfield, where handsome serge can also be obtained). 48-52-inch material, 6 yards.

Girl's Pretty Serge Indoor Frock.

No. 8927. Very becoming to an over-**Page 34.** tall, "leggy" girl. Top of skirt is in one piece, on which hangs the pleated flounce, pleated in groups (pleats wheelmarked on pattern), from a band of braided serge. Pretty pleated blouse of the serge, closing at back. Pleats are wheelmarked on pattern. Low neck is edged with a braided yoke band. Lace vest and collar should be made detachable, for the sake of laundering. Very pretty new sleeve. 42-inch serge, 6 yards. For the serge, send to Robinson Brown, Department 46, Royal Silk Warehouse, Macclesfield, who has also some charming inexpensive cashmere to build this gown, if preferred to serge, for more dressy purposes.

Girl's Blouse Coat and Skirt.

No. 8928. 5-gore skirt, richly pleated, **Page 34.** only front plain. Pleats are wheelmarked on pattern. It is worn over a foundation skirt, or can be lined. Pretty blouse coat, double-breasted, hooking on the left and on left shoulder. It is smartly pleated (back and double-breasted right front), pleats wheelmarked on pattern. Velvet buttons sewn on in groups and velvet belt. Line coat with silk. The Peter Pan collar is of embroidery. One-piece sleeve, gathered into a cuff. 48-inch



No. 8937.—A CHARMING DRAPED BURNOUS.

For Description see this page.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, 10 and 11, Fette Lane, E.C.

tweed, 6½ yards. For the tweed, send to Robinson Brown, Department 46, The Royal Silk Warehouse, Macclesfield.

A Smart Strapped "Utility" Coat.

No. 8929. Very smart model with **Page 35.** two-piece fronts, joining with lap seam. Back seams (side) are also lapped. Fronts close diagonally with ornamental metal buttons and buttonholes. Roll collar, faced with black moire. Decorate basques with mitred straps held with buttons. Two-piece sleeve, a tuck simulating a lapped seam. Moire cuff. Face fronts with the coat material. Line with silk, cut on coat pattern but seamed apart. 52-inch material for coat, 5 yards.

Dainty Details of Dress for Bridal Trousseau.

Nos. 8930 to 8936, No. 8930. New **Page 36.** style of dressing the "turban" coiffure. **No. 8931.** Collar and jabot of tuck silk and lace. **No. 8932.** Evening "overall" of sequin net. **No. 8933.** A pretty collar and jabot of lace remnants. **No. 8934.** New stock tie of silk ribbon. **No. 8935.** Fichu for tea-gowns of silk ninon and lace. **No. 8936.** Collar of spotted batiste and lace.

A Charming Draped Burnous.

No. 8937. Of pastel cloth or satin, **Page 37.** lined with silk to match. The burnous loop at back, tipped with a silk tassel. Satin collar covered with lace. Double-width material, 8 yards.

GRAPHOLOGY DELINEATIONS.

By EDITH O'SHEA.

All letters must be sent to "Graphologist," MYRA'S JOURNAL OFFICE, 10 & 11, Fetter Lane, E.C.

- (1) To be delineated in these columns, specimens of handwriting must be received on or before the 25th of the month.
- (2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany every letter.
- (3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

LEVY GLASS.—This writing shows much energy and movement; you would never be satisfied unless fully employed. Are generous and a shrewd judge of character. You would not often be taken in. Decidedly ambitious and impulsive. You like to see the effect of your work quickly. Plenty of imagination; indeed, sometimes you will find it advisable to tie yourself down to more matter of fact things. I judge you would be more successful in a business life for you have the fighting power, energy, and determination that is so essential. A home life will not altogether satisfy you.

UNICORN.—You are sympathetic and affectionate and would always do your best to help others. Methodical and cautious, with good powers of discernment, you would never do foolish things. Possessing a strong will you would be capable of taking a leading part in affairs. You have a vivid imagination which is apt to be a trifle extravagant. Your signature shows simplicity of taste, perception and loyalty in friendship.

(For further Delineations see page 42.)

"Myra's Journal is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A.



Health and



Beauty.

By MISTRESS ANNE PAGE

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

STELLA.—I have seen the following treatment used with complete success in completely curing a skin of blackheads, and then making the complexion very clear and pretty, and I advise you to try it for a short time:—Get from the M-Highwater Hygienic Company, 1-117, Exchange Buildings, Southwark Street, London, a 4s. 11d. Complexion Rubber Brush (Dr. Harlan's Patent), and from Mr. Mason, 25, Bank Plain, Norwich, a 2s. 9d. jar of Cream of Sulphur, made by himself, for the cure of skin blemishes. Then, every night, first get a bowl of warm soft water, and with the Complexion Brush (which has a cube of a splendid complexion soap in its centre), give your face friction in all directions, with a double amount wherever the blackheads are chiefly located. Continue the friction for at least five minutes, then dry with a soft towel, and spread over all the affected part of your face some of the Cream of Sulphur, and tap and pat this well in for another five minutes. Wipe off all excess, but do not wash the face until morning, when you should again do it with the Complexion Brush. It is not wise to try to squeeze out the blackheads, because in doing this you will be apt to raise lumps in your skin, and these will become inflamed pimples in a short time. You try the above simple plan.

ALINE.—You can successfully darken your hair with Lockyer's Hair Restorer, which is sold by chemists everywhere for 1s. 6d. a bottle. The day before you begin to use this you should wash your head well with hot water in which you have dissolved a little common soda, using a copious lather of a good skin soap, but rinsing all trace of this out most carefully again first in hot water, and then in some that is nearly cold. This preparation will give the Restorer the best chance of acting to your entire satisfaction.

MADGE.—Electrolysis is the only permanent "cure" for superfluous hair, because by its means the root and follicle of each hair is destroyed and removed with the actual hair. It is quite possible to treat yourself by this process, and if you will write to Madame Tensfeldt, 122H, Princess Street, Edinburgh, she will forward you an illustrated book showing how you can do it. Of course you must mention that you are a reader of MYRA'S JOURNAL.

DORIS.—A cold such as you seem to get continually in the winter months, which gives you a headache, a nasty little cough, and a sensation of tightness across the chest, gets very near to bronchitis, and you must take the utmost care of yourself in damp weather, or when east winds are prevalent. Take a Formamint Wulfling Tablet (sold in bottles containing fifty for 1s. 11d. by all chemists, but be sure you get the amber bottle with the name "Wulfling" on it) every half hour until that tightness in the chest is relieved, and wear a flannel chest-protector (two pieces of flannel cut to cover chest and back, reaching right up to the collar of your dress, and fastened with buttons or tapes on the shoulders and under the arms) sprinkled with turpentine, day and night, only removing it for your bath, and then sprinkling it afresh. You want extra nourishment, and you will get it in eggs beaten up in milk, beef-tea, porridge made from Robinson's Patent Groats and eaten with cream and golden

syrup or liquid honey, and barley-water made from Robinson's Patent Barley (sold by grocers and chemists) with a good squeeze of fresh lemon-juice in it. So many serious ailments arise from the neglect of a common cold that you will be wise to take these measures to cure yourself of your tendency that way before you develop chronic bronchitis, or something allied to it.

FAIRY.—To keep your fair hair its lovely yellow-gold shade, you should wash it with one-eighth of a bottle of Mason's Egg Emulsion for the Hair (3s. 6d. from Mr. Mason, 25, Bank Plain, Norwich) and hot water which has been poured when boiling on a handful of camomile flowers. Rub the quantity of the Emulsion well into the root-end of your hair, and then shampoo it in the prepared water, then rinse in clear warm water, and again in some that is nearly cold. I know a lady who is nearly sixty who has retained the bright yellowness in her hair right up to now by these means, and it makes her personality very attractive and youthful-looking. I shall be glad to have as many questions as you like to ask me, provided you do not send me more than three in each letter.

SNAPDRAGON.—Yes, I am pleased to say that I do "know someone who has had her combings made up by Miss Rose, 2, Blackburn Road, West Hampstead, London, N.W." I have seen a Pompadour Frame covered with long hair, and one of the newest Chignons of curls and twists made most beautifully from boxes of combings that had been sent to her by two sisters living in my own immediate neighbourhood in the part of the country where I live in the summer time. You certainly cannot do better than send your combings to Miss Rose.

PEARL.—One of the most refreshing perfumes, and one that is quite fashionable is Zenobia Sweet Pea Blossom. If your chemist does not stock this delicious scent send to "Zenobia," Loughborough, Leicester, saying that you are a reader of MYRA'S JOURNAL, and they will tell you the nearest place at which you can get it, and will also send you a free sample of it.

MISTLETOE BOUGH.—Hairy arms are not considered pretty, so before the dance you should get the growth off yours with the Depilatory which Mr. Mason, 25, Bank Plain, Norwich, sends, in a plain wrapper, post free for 2s. Follow the simple directions on the wrapper, and then you will not injure nor redden the skin. As the arms above the elbow are so red, and you want to wear quite short sleeves, you should whiten the skin by nightly massage with Mason's Crème Violette de Parme (2s. 6d. a jar from the same Mr. Mason) as this has an antiseptic action on the skin which rapidly removes roughness and redness, and gives to it the perfume of freshly gathered violets.

BIRDIE.—(1) I advise you to give your little one Neave's Food, as this will strengthen her, build up her muscles and her bones, prevent constipation, and assist her to cut her teeth easily and without any danger of convulsions. It is sold in 1s. and 2s. 6d. tins by all chemists, and when you get it you should ask whoever serves you to give you, free of further charge, a book called "Hints about Baby." If he says they do not keep it, write direct for it to Messrs. Josiah R. Neave & Co., Fordingbridge, via Salisbury, because as it is written by a trained nurse the hints are so thoroughly useful

and reliable. (2) If you send fivepence in stamps to Messrs. Beeton & Co., Ltd., Publishers, 10 and 11, Fetter Lane, E.C., for MYRA'S "Complete Handbook of Crochet," they will forward you a book containing 93 illustrations with full instructions for working as many things, and among these you will find a child's frock, jacket, hat, shoes, shawls, evening shoulder-capes, a cradle-quilt, sofa blanket, and such useful and pretty things that you can make for yourself, your husband, and your baby, as well as for inexpensive gifts for your friends. I have worked out several of the designs myself, so I know the instructions are most practical.

URSULA.—Regular physical exercise, strict attention to personal hygiene, care as to choice of diet and moderation in eating and drinking, are some of the best means in preventing or curing excessive stoutness. Breathe deeply by your open window every morning when you first get out of bed, then stand on "tip-toes" and raise your arms as high as they will go above your head, carrying them rather backwards when they are there. Look up to your finger-tips as you do this, then sink to your heels, and bend slowly forward from your waist, until your fingers can touch the floor in front of your toes while your knees are kept rigid. Slowly return to standing position, let your arms fall by your sides, take a deep breath, and begin the exercise again, repeating it six to ten times. Then place your hands on your hips, pointing the thumbs towards the back, stand quite straight, and, without moving the lower part of your body, try to carry the upper part round slowly, first on your right side, and then on your left, so that it turns on its axis so to speak. Repeat four times on each side. Next, lie as flat as you can on the floor, stretch your arms above your head, push your feet out as far as they will go, then lift feet and hands up and try to touch your toes with your fingers just over your chest. Lastly, try to get up from the floor without the help of your hands or elbows. These are some of the exercises that benefit a figure, and help to get it and keep it slender. In your diet do not eat white bread, root vegetables, milk puddings, jam, or pastry; masticate all you take thoroughly, and do not drink anything with the food. A cup of strong coffee, without sugar, an hour after meals will do you good. Many people now live on two meals a day—have a good breakfast and dinner (in the evening), and omit lunch and afternoon tea altogether. If you can do this you will soon reduce your size, and will find that you can do a lot more work.

GABRIELLE.—(1) If you will pay attention to diet and to exercise of the kind I have suggested to "Ursula," you can hasten your reduction to more slender proportions all over quite safely and satisfactorily by taking Mason's Extract of Sea Wrack (in the form of pills at 2s. 9d. per box, or as a liquid for 3s. per bottle, from Mr. Mason, 25, Bank Plain, Norwich) for a few weeks, when you will have to admit that the pleasing results exceed your utmost expectations. (2) To prevent your hair getting grey all over, and to restore the colour to that which has lost it, and at the same time to cure your scalp of dandruff, and to encourage a thicker growth of hair, rub into partings made all over your head every night some of the Petrolate of Sulphur which the above Mr. Mason sends for 2s. 6d., post free. (3) To soften and whiten your hands quickly use Mason's Gants Gras Pomade (1s. 6d. a jar from the same Mr. Mason), which is skilfully prepared from an old French recipe of great repute. In a few nights, if you rub this in at bedtime and wear a pair of old white kid gloves with a few eyelet holes cut in the palms, the improvement in your hands will be great and most pleasing.

THELMA.—Greasiness in the skin is caused partly by want of tone in the nervous system, and, therefore, the first thing to do towards effecting a complete cure is to take a reliable nerve-tonic, such as Nervotonic (2s. 11d. from Mr. M. F. Thompson, Homœopathist, 17, Gordon Street, Glasgow); to refrain from rich and stimulating foods, and from excitements of all kinds; to have a tepid bath every morning, after a quarter of an hour's deep breathing and physical exercise, giving the body vigorous friction after the bath, first with the towel and then with the hands; to avoid constipation, and to eat green vegetables and salads in which dandelion leaves, water-cress, and other kinds of cresses in their season, are mixed.

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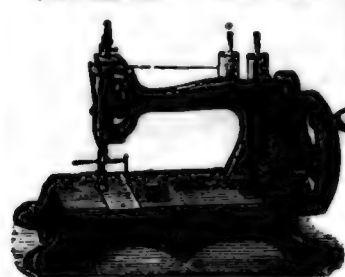
Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give
renewed vigour, bringing the colour of health and a clear complexion.

See that you get **WHELPTON'S**, and do not accept anything "just as good."
9153

"ATLAS" LOCK-STITCH MACHINE 39s.



Best and Cheapest for every use.
Equal in size and quality to any
Machine. Sews from Muslin to
Carpet. Four years' guarantee.
Sent on receipt of 5s. P.O. for

ONE MONTH'S TRIAL.

Can be paid for 5s. monthly. Write for Designs and
Samples of Work.

DUCHESS MACHINE & COVER, 49/6

THE ATLAS SEWING MACHINE CO.,
184M, High St., Camden Town, London.



No. 8938.—A BEAUTIFUL EVENING GOWN.

A dress, beautifully cut and pleated on bodice, of white satin, draped with a lace shawl. 44-inch satin, 8 yards.

Price of Paper Patterns, Satin Dress, 1s. 6d.; Lace Drapery, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

BY MISTRESS ANNE PAGE.

BEVERAGES FOR BEAUTY.

WHEN writing or talking of foods in their relation to beauty and to health, which is its foundation, we too frequently forget that the liquids we drink are of almost as much importance as those that are solid, and that many of them are foods in the truest sense of the word. Take, for example, milk, which scientific men describe as a "perfect food," because it contains in itself the three main divisions of nourishment required for the body: (1) the proteids, which build up the tissues, muscles, bones, and nerves while we are growing, and repair the "wear-and-tear" of the tissues that is constantly going on, even while we are asleep; (2) the carbohydrates, which not only give us the necessary energy for doing our work, but help to maintain the requisite amount of warmth in the body; and (3) the fat that in a cold climate, or in ordinary cold weather, gives us the extra warmth and energy that we need.

Now milk is a "perfect food" for infants, but for adults who have to walk and to work, it is not sufficient by itself, though there have been known cases of extreme longevity that have been attributed mainly to the exclusive use of milk as food and drink. But as a beverage it is of great assistance in nourishing the body, and it helps other foods to be assimilated for its nutriment. It is therefore one of the best things that a girl who is too pale and weakly, and who may be suffering from anæmia, and who cannot for the time being be classed among those who are beautiful of complexion, can take regularly in the place of tea, or similar refreshing drink.

For girls who are too thin in face and figure, milk is one of the best possible beverages; they can drink as many as six glasses during the day, and are advised to have one glass of it quite hot the last thing at night, as this is not only nourishing, but very helpful in promoting restful, dreamless sleep, which is so good for those who want to regain beauty of form and feature. If such girls must have tea it should be made with boiling milk instead of water, and all cocoa and coffee should also be made entirely with milk. A teaspoonful of Bovril, stirred up in a cup of nearly boiling-hot milk, sipped slowly, is also very nourishing, and a cup of new milk, to which a dessert-spoonful of cream has been added, makes an excellent substitute for a dose of cod-liver oil which is distasteful to so many people. Milk, with additional cream, taken regularly during the cold months of the year will also do much to prevent chilblains, and other chills from which those whose circulation is rather feeble suffer such misery in winter, and the results of which detract so much from the beauty of their personal appearance.

If the skin is subject to pimples, or watery blisters come on the lips, milk should be taken as the only beverage, and taken freely in order to make up for some of the ordinary foods that are too stimulating while the eruption is under treatment. Again, if the complexion is sallow, milk taken as the chief item of food and drink will help to clear it, and in this case it may sometimes, with advantage, be skimmed or separated milk, or taken with an equal part of thin gruel made with oatmeal and water, or thickened with French leaf-gelatine and allowed to become cold until it is in the form of a jelly. But if the skin is very dry, and inclined to scaliness, something

like the dandruff that will soon accumulate on the scalp in such a case, the milk should be taken quite new, and unboiled in order that it may remedy the trouble as well as give the body the special form of nourishment it requires.

One could multiply the cases in which milk as a beverage is most useful in promoting health and beauty, but there are some subjects for whom milk is not desirable in its whole state. It is decidedly fattening, and therefore those who suffer from obesity should not take it undiluted, but should add water to it, or take it only after being carefully skimmed or separated. The same is true of those who are subject to constipation, or to indigestion in any form; in these cases the milk should have two tablespoonfuls of lime water added to each glassful, and then it will digest easily, and be a beneficial beverage.

(To be continued in our next.)

BOOK REVIEWS.

There are four books yearly issued by Messrs. Adam and Charles Black (Soho Square, London), which are absolutely indispensable in the office, the library, and the study. Journalists, philanthropists, clerks cannot get on without some or all of them. Where would be the lady journalist without an up-to-date copy of the "Englishwoman's Year Book and Directory"? She can get from that invaluable compilation up-to-date facts concerning all matters of anxious interest to her woman readers and correspondents. Schools of all kinds, asylums and charitable institutions of every description, valuable hints and addresses of various kinds concerning foreign travel, large information concerning woman's suffrage institutions and progress, papers concerning women and which accept feminine contributions—all this and much more is found (capitally indexed) in the 400 pages. Of all institutions full address is given, the name of the secretary, &c., office hours for applicants, the scope and object of the institution, &c. Every educated woman who has to earn her daily bread, or who is interested in those who do so, should have a copy for 1910 of the "Englishwoman's Year Book and Directory." The price is only 2s. 6d. (2s. 10d. by post), marvellously small for the large, closely packed, handsomely bound volume.

The invaluable "Who's Who" for 1910 shows the ever growing increase in this wonderful directory and "thumb nail" biography of everybody of any public interest in politics, art, literature, the stage, music, &c. Writers on social and society subjects cannot get on very far without appealing to a copy of "Who's Who," which appeals to both sexes alike and is always to be found on the library table of every club (male, female, or "mixed"). The size of the volume has increased much of late years (price 10s. net). A companion volume, "Who's Who Year Book" gives invaluable information of all the clubs, the peerage, Members of Parliament, the London County Council, the peculiar pronunciation of certain surnames, &c.

All artists, writers, and photographers must have Black's "Writers' and Artists' Year Book" (price 1s., bound in red cloth). It saves much time and disappointment to be able to find at once the correct name and address of a paper, the name of the editor, the kind and length of articles, the sort of sketch, &c., required. All kinds of British and American papers are dealt with, including those for children, music, art, photography, &c.



No. 8939.—A SPRING WALKING DRESS.

Skirt and handsome Russian tunic of cashmere or of the new spring woollen materials. Smart box-pleats back and front, wheelmarked on pattern. Satin belt matching with braid on neck, pleats, and cuffs. 48-in. material, 10 yards.

Price of Paper Patterns, Pleated Russian Tunic, 1s. 0½d.; Skirt, 1s. 0½d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

DIANA.—(1) I do not think you will be allowed to teach from any dressmaking book. In all classes under the County Council certain systems are advocated, and, I expect, you will be obliged to teach on that system. (2) In cutting a princess dress you must allow very large turnings. If you have to shorten the waist, for instance, you will bring the tighter waist portion higher, on a wider part of the body; hence you must have material at hand to let out, and this can only be done by allowing very wide turnings; $\frac{1}{2}$ -inch turnings are quite absurd. This is not enough even after fitting and stitching, as the material, especially wool, would be sure to fray. For a princess dress 1-inch turnings (before fitting) must be the least, and under the arm you should allow more than this. Do not try for too tight a fit, and be very careful with the boning. Too much length in the under-arm seams are generally the great fault—this means numerous ineffaceable wrinkles.

MRS. DAVID G.—(1) You can get the new "Trucks" from Madame Myra, price 6d. We are giving a pattern this month for a girl of 14-16 years (see page 25). "Trucks," I think, is only school-girl slang. It may become a recognised name, but it does not apply only to the new breeches; school-girls give the name to their ordinary knickerbockers of serge, &c. (2) Some of the summer night-dresses are quite low necked, with sleeve not quite reaching the elbow. See No. 8921. (3) You could not get a smarter dressing-gown pattern than No. 8920. It is just the model for a bridal trousseau. You could have the gown in the style of No. 8925 if you like. (4) For the white satin send to Robinson Brown, Department 46, The Royal Silk Warehouse, Macclesfield.

FORE AND AFT.—(1) You cannot do better than copy our Free Pattern Russian Coat, having the skirt to match, of course. It is quite the prettiest coat of the day, and will be wearable right up into the hot summer weather. (2) The flounce is far too good for a petticoat. Keep it till the summer and put it on a tucked princess top of white lawn. Four yards will be quite enough. Frill the top to fit into the edge of the corselet top. Be sure to have a flounce behind the embroidery, or have the corselet top continued to the feet behind the embroidery in order to protect it.

GRAPHOLOGY.

All letters should be sent to "Graphologist," Myra's Journal Office, 10 and 11, Fetter Lane, E.C.

(Continued from page 37.)

E. S. (Labrian).—Many thanks for your kind letter. One is already on the way to you.

"SWEET VIOLETS."—Many thanks for all your kind wishes. I certainly think you might have chosen a prettier style of writing when you altered it. The backward slope amounts to an abnormal style. You are exceedingly reserved and inclined to be self-centred. Try and interest yourself more in outside affairs, and so gain new interests in your life. A love of order and detail are shown, and you would be very particular in all your work. Should be fond of outdoor life. Would always endeavour to carry out your high principle, and loyalty is also shown.

BESS.—You are of a very hopeful and bright nature, and will always find some good in all things. This is a great gift, and will make such a difference to you all your life. You are very painstaking and careful in your work, and would always try to improve, because you are really interested in it. As a rule, you are reserved, unless you know people well. The signature gives a simple

and sincere nature; the temper is rather quick, but you would never sulk. You would be fond of pretty colours.

ADELAIDE, L. J. (Hanley).—Self-reliance is shown by this specimen, and an application for your work. You are particular and careful; sometimes a little inclined to depression. Very fond of pretty things and have good powers of enjoyment for this world. You are decidedly wanting in will-power—it would be to your advantage to cultivate this, and to learn to say and adhere to "No." Impulsive and ardent by nature the simple signature shows unaffectedness and dislike of vulgarity.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

(Continued from Page 14.)

POST WANTED AS HEAD DRESSMAKER (L. I.).—I gather from your letter that you want a post as "head dressmaker in a country town business or as second hand in a better-class business," and that you have given up the idea of trade teaching. I am putting a notice for you in my Register, and I have no doubt you will receive some suitable replies. I sent you all the possible addresses I had at the time, but I think the coming season is a better time for fixing up an arrangement of the kind.

FANCY WORK (B. G.).—Honestly, I think you have done admirably, far better than most fancy workers. It is certainly a pity about your hand, but I hope it is better by now. I sent you several addresses of work societies, some of which should be suitable. The one you belong to now seems run on a very sensible plan. They say that trade is going to boom, so we must look for an improvement shortly.

NEEDLEWORK (N. E. T.).—I am sure you are quite eligible for my Register, but I should be glad if you would draw up a notice for insertion. Your letter is rather vague as to what work it is you wish to undertake. You mention children's and babies' garments, also painting, contriving and renovations. There is money to be made in the first and last of these, but of the others I am not so sure. In any case, write out a notice and I will insert it.

HAND-MADE LINGERIE (M. L. R.).—I am glad to hear you have succeeded in getting someone to live with you, and if congenial it seems to me a very sensible plan. You certainly ought to devote as much time as possible to needlework, for which you have an undoubted gift. Many thanks for your good wishes, which I heartily reciprocate.

RESIDENTIAL HOME FOR WOMEN WORKERS (M. B.).—What you say about the accommodation for women workers being less than the demand is absolutely true, a fact I have borne in upon me daily. I should, therefore, be very glad to have particulars of any scheme you may be able to start, and I will put a notice in the Register for you if you like. Possibly such a notice would reach the eye of someone who might like to join you in a venture of the kind. Follow the advice I gave to my previous correspondent, and keep such a place for workers, and workers only. If you once admit those who have no definite occupation you will spoil the whole scheme. Plain, but good, abundant, well-cooked food; plenty of light and warmth; strict cleanliness; and moderate terms—but, naturally, terms that make it a paying venture—and I am certain you will never have to complain of vacancies.

VISITING DRESSMAKER (G. S.).—If your notice did not appear in the January number, it was because I did not receive it. I certainly have no

recollection of having had it. I will make the necessary alteration in the address. Please copy out your notice and I will re-insert it.

PAYING GUEST (Mrs. G.).—I fear that it gets more difficult every year to obtain paying guests. People flock to larger places, and there is so much competition that it is difficult to get guests unless special attractions are offered. One of my correspondents found it easier to get ladies to live with her by taking them at reduced terms in consideration of domestic assistance. Would that appeal to you? Would you care to take ladies who go out to work daily? Honestly, I think that is the best system nowadays, for there are so many women workers, and if they cannot pay much they pay regularly, and give but little trouble. Possibly an advertisement in a Glasgow paper might be of use to you.

FURS ALTERED, RENOVATIONS, UNDERWEAR, &c. (A. P.).—I am giving you a new notice, as you request, and you may be sure I will do my best for you. If your work is really first-class (of which, of course, I cannot judge), why not write to the Gentlemen's Self-Help Society, 20, Maddox Street, W.? There seems to be a steady demand for really good hand-made lingerie, so I advise you to specialise in that direction. Why not try some of the shops in your neighbourhood also? In all work you must seek for it; it will not come to you, and you must be continually finding fresh channels of employment. Everything nowadays depends on what the Americans term the "follow-up" system. I sent your letter on to the correspondent who wanted an agency, but I believe it was sent on again to some one else. Why, I do not know.

CALENDARS (L. T.).—Thank you for your letter. I hope you got some orders; if I were you I would begin now to see about some for next Christmas, for, as a rule, the firms do not look at anything fresh after June. Let me know how you get on. Could you not also design covers, endpapers, &c., for books? There is no reason why you should confine your attention to calendars alone, and by doing other things you would get greater scope for your talent, and also the more profitable your art is likely to be.

(Many Answers are crowded out, and will be inserted next month.)

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.

FEBRUARY, 1910.

DRESS AND HAIRDRESSING.

FEBRUARY, 1910.

HEALTH AND BEAUTY.

FEBRUARY, 1910.

GRAPHOLOGY.

FEBRUARY, 1910.

ETIQUETTE.

FEBRUARY, 1910.

COOKERY & HOUSE MANAGEMENT.

FEBRUARY, 1910.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M. Carmarthen.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal,"
10, Fetter Lane, London, before the 1st of each month.

RULES.

1. A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.

2. It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

3. No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

4. Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, February, 1910.

DRESS AND DRESSMAKERS.

"BEATALL" Remnants. 1s. 3d.-2s. 6d. Parcels, damasks or linens. Hundreds testimonials. -Beatall, Rushden.

LADY has for disposal few chemises, 3 for 3s. Camisoles 3 for 3s. 6d. Trimmed lace: never worn. Approval. m3762

LOVELY HAND-PAINTED and ribbon-worked buttons from 1d. Samples willingly. -Madame Teresa, 13, Maida Hill, W.

LADIES' and CHILDREN'S DRESS-MAKING, jerseys. Smoking a speciality. -Miss Emms, Avenue Road, Norwich.

DRESSMAKER. -Experienced: coat and skirts speciality. -Miss Connery, 45, Kenwyn Road, Clapham, S.W.

Miss Walker, COSTUMIER, Evening Gowns, &c., 66, Natal Road, Streatham.

EVENING GOWNS RENOVATED. Children's dressmaker. -Miss Walwyn, 5, St. Anne's Road, Barnes.

DRESSMAKER, daily or at home: remodel, &c. -Miss Rees, 38, Nutford Place, Bryanstone Square, W.

DRESSMAKER, Day. Evening dresses, children's; renovating; remodelling. -Miss Gavey, 36, Ambler Road, Finsbury Park.

DRESSMAKER, experien ed, at ladies' houses or at home. Evening and day coats and shirts. -Christine, 3, Tavistock Crescent, Bayswater, W.

DRESSMAKING, home, out; moderate. -22, North Farm Road, High Brooms, Tunbridge Wells.

BLOUSE AND DRESSMAKER. Material supplied. Ladies' own material made up, any style, at moderate prices. -Mrs. F. van Bebbler, 22, Manchester Street, Argyle Square, King's Cross.

SYDENHAM. -BLOUSES made to measure free. Delaine from 5s. -83, Sydenham Road.

DRESSMAKER, daily. Dresses, blouses, mantles, renovations. -Bates, 57, Ranelagh Road, South Belgravia, S.W.

DRESSMAKER, terms 3s. daily. -Jessie Andrews, 42, Alma Square, St. John's Wood.

MILLCENT WRIGHT, 45, Artesian Road, Westbourne Grove. -Ladies' materials, furs renovated. Moderate.

MILLINERY.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free. -W., 57, Upper Gloucester Place, Dorset Square, W.

MILLINER, makes hats, toques, bonnets. Fur toques remodelled. Renovations a speciality. Styles copied. m3760

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

BRITISH COLONIAL STAMPS. -Sixty varieties for 9d., including Falkland Islands, Seychelles, Grenada, Gwalior, Newfound-land, Travancore, and Hyderabad. -H. W. L., MYRA'S Office.

AN AMERICAN ORGAN, by "Smith American Organ Company," twelve stops, in good condition, cost £30. Suitable for a small Church or Mission Hall, price £12. T. H. H., MYRA'S Office.

GENUINE ALBERT B-flat Clarinet, perfect condition, would suit a lady, half price, viz., £4; also an E-flat Clarinet, would suit a boy, by Dan Godfrey, listed £10, perfectly new, 3 guineas. -H. G., 22, St. Donatt's Road, New Cross.

SMITH AMERICAN ORGAN for Sale, price 6 guineas, delivered free within four miles of New Cross, S.E. It has nine stops and is as good as new. A bargain. -A. S. W., MYRA'S Office.

PAYING GUESTS, HOUSES, &c.

MUNDESLEY-ON-SEA, bracing, beautiful country cliffs, sands, sea. Bathing, cycling, golfing, boarding or apartments; select. -St. Margarets, Mundesley-on-Sea.

"ARDWELL," Chesham Bois, Bucks. Three minutes from common and close to post office and church. Chesham Bois stands 550ft. above the sea level. Lovely country. Bracing air. From 30s. to £22s. per week. Week ends arranged. -Miss Barber.

BOSCOMBE. -Comfortable board residence, or apartments; near sea. Highly recommended. -"Clarendon," Cecil Road, Boscombe, Bournemouth.

WELL FURNISHED BED-ROOM and SITTING-ROOM to Let in the Valley, Scarborough. m3763

SUBSTANTIAL NON-BASEMENT RESIDENCE, 54, Hampton Road, Hornsey, London, N., to be sold. Conveniently situated within 3 mins. walk of Hornsey Station (G.N.R.), and within a similar distance of Electric Cars to Finsbury Park. The house is approached through a front garden by a tiled pathway. It has a frontage of 17ft. 6in., and a depth of 100 ft., and contains five bedrooms, fitted with good cupboards, bathroom, two reception rooms, kitchen, scullery, well-fitted coal houses, glass and summer houses. Good garden in rear. The property is in good repair. Held on lease, 73 years unexpired, at a ground rent of £7 10s. per annum. Price, including fittings, £365. -Write Owner, as above.

SITUATIONS.

Lady, highly recommends PARISIAN, disengaged Mondays (London). Clever at all work. Millinery renovations; also excellent teacher, class, conversation. m3761

MISCELLANEOUS.

LADIES COMBINGS mounted in tails, 1s. per oz. Frames, empire curls. Best workmanship. -Miss Rose, 2, Blackburn Road, West Hampstead.

PATHEPHONE and FIFTY TUNES £4 4s., carriage free, wonderful bargain. -Cas, "MYRA'S" Office. m3764

A Lady will send PRESCRIPTION for an, excellent Hair Wash. P.O. 2s. -Address, HUNTER, "News" Office, Bournemouth, Hants.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement each month, and she states under which column she wishes her name to appear. Please write distinctly.

DRESSMAKERS' COUPON.
FEBRUARY, 1910.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
R. Col, 7, Beverston Road, Thornton Heath.
Miss E. Chandler, 70, Kennington Road, S.E.
Miss Connery, 45, Kenwyn Road, Clapham, S.W.
Miss Coward, 83, Gloucester Road, Regent's Park, N.W.
R. Crowley, 275, Fulham Road, South Kensington. (Side door.)
Miss A. Dryden, 62, Wellesley Road, Leytonstone, Essex.
Mrs. England, 440, Edgware Road, W.
Miss Gavey, 36, Ambler Road, Finsbury Park.
Miss Graeff, 17, Boscombe Road, Tooting, S.W.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
Miss James, 56, Upham Park Road, Chiswick.
Miss Lenton, 28, Westmoreland Road, Talbot Road, W.
Madame Marion, 83, Sydenham Road, Sydenham, S.E.
N. Renè, 35, Harleyford Road, Vauxhall, S.W.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Stanel, 22, North Farm Road, High Brooms, Tunbridge Wells.
Miss M. Trowbridge, 56, Upham Park Road, Chiswick, W.
Mrs. E. Willson, 77, Cloncurry Street, Fulham Park, Fulham, S.W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 14, Blomfield Street, Westbourne Square, Paddington, W.
Mrs. F. van Bebbler, 22, Manchester St., Argyle Sq., King's Cross, W.C.
B. Beatrice, 58, Burlington Road, Bayswater.
Miss Burnett, 7, Windsor Road, Holloway, N.
Miss Davidge, 7, Rabbits Road, Manor Park, Essex.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. I. Forrester, 3, Moxon House, Paradise Street, Marylebone, W.
Madame Goodwin, 96, Oxford Road, Lowestoft.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Madam Helene, 11, Newcastle Rd., Church Rd., Wavertree, Liverpool.
Mrs. M. E. Horner, 70, Barden Road, Tonbridge.
Mrs. Hudson, 6, Norfolk Road, Westbourne Grove.
F. Jefferson, 2, Gladstone Street, Acomb, York.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss Martyn, 59, Barry Road, East Dulwich, S.E.
E. Rainger, 12, Honiton Road, Brondesbury, N.W.
Madame Isabel Rice, 248, Tufnell Park Road, N.W.
Mrs. Roberts, 16, Crown Street, Brighton.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
E. Simeon, 1a, Northumberland Street, Marylebone Road, W.
Mrs. Teague, 123, Poole Road, Westbourne, Bournemouth.
Miss M. H. Vinter, 13, Osborne Villas, Hove, Sussex.
Miss Walwyn, 5, St. Ann's Road, Barnes.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Madame A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Miss Ramage, 169A, Latchmere Road, Clapham Junction, S.W.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.

CORSETIERE—

Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.

All Coupons must be received by the 1st of each month preceding date of issue.

Correspondence.

RULES

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

DIANA.—(1) I do not think you will be allowed to teach from any dressmaking book. In all classes under the County Council certain systems are advocated, and, I expect, you will be obliged to teach on that system. (2) In cutting a princess dress you must allow very large turnings. If you have to shorten the waist, for instance, you will bring the tighter waist portion higher, on a wider part of the body; hence you must have material at hand to let out, and this can only be done by allowing very wide turnings; $\frac{1}{2}$ -inch turnings are quite absurd. This is not enough even after fitting and stitching, as the material, especially wool, would be sure to fray. For a princess dress 1-inch turnings (before fitting) must be the least, and under the arm you should allow more than this. Do not try for too tight a fit, and be very careful with the boning. Too much length in the under-arm seams are generally the great fault—this means numerous ineffaceable wrinkles.

MRS. DAVID G.—(1) You can get the new "Trucks" from Madame Myra, price 6s. 6d. We are giving a pattern this month for a girl of 14-16 years (see page 25). "Trucks," I think, is only school-girl slang. It may become a recognised name, but it does not apply only to the new breeches; school-girls give the name to their ordinary knickerbockers of serge, &c. (2) Some of the summer night-dresses are quite low necked, with sleeve not quite reaching the elbow. See No. 8921. (3) You could not get a smarter dressing-gown pattern than No. 8920. It is just the model for a bridal trousseau. You could have the gown in the style of No. 8925 if you like. (4) For the white satin send to Robinson Brown, Department 46, The Royal Silk Warehouse, Macclesfield.

FORE AND AFT.—(1) You cannot do better than copy our Free Pattern Russian Coat, having the skirt to match, of course. It is quite the prettiest coat of the day, and will be wearable right up into the hot summer weather. (2) The flounce is far too good for a petticoat. Keep it till the summer and put it on a tucked princess top of white lawn. Four yards will be quite enough. Frill the top to fit into the edge of the corselet top. Be sure to have a flounce behind the embroidery, or have the corselet top continued to the feet behind the embroidery in order to protect it.

GRAPHOLOGY.

All letters should be sent to "Graphologist," Myra's Journal Office, 10 and 11, Fetter Lane, E.C.

(Continued from page 37.)

E. S. (Labrian).—Many thanks for your kind letter. One is already on the way to you.

"SWEET VIOLETS."—Many thanks for all your kind wishes. I certainly think you might have chosen a prettier style of writing when you altered it. The backward slope amounts to an abnormal style. You are exceedingly reserved and inclined to be self-centred. Try and interest yourself more in outside affairs, and so gain new interests in your life. A love of order and detail are shown, and you would be very particular in all your work. Should be fond of outdoor life. Would always endeavour to carry out your high principle, and loyalty is also shown.

BESS.—You are of a very hopeful and bright nature, and will always find some good in all things. This is a great gift, and will make such a difference to you all your life. You are very painstaking and careful in your work, and would always try to improve, because you are really interested in it. As a rule, you are reserved, unless you know people well. The signature gives a simple

and sincere nature; the temper is rather quick, but you would never sulk. You would be fond of pretty colours.

ADELAIDE, L. J. (Hanley).—Self-reliance is shown by this specimen, and an application for your work. You are particular and careful; sometimes a little inclined to depression. Very fond of pretty things and have good powers of enjoyment for this world. You are decidedly wanting in will-power—it would be to your advantage to cultivate this, and to learn to say and adhere to "No." Impulsive and ardent by nature the simple signature shows unaffectedness and dislike of vulgarity.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

(Continued from Page 14.)

POST WANTED AS HEAD DRESSMAKER (L. I.).—I gather from your letter that you want a post as "head dressmaker in a country town business or as second hand in a better-class business," and that you have given up the idea of trade teaching. I am putting a notice for you in my Register, and I have no doubt you will receive some suitable replies. I sent you all the possible addresses I had at the time, but I think the coming season is a better time for fixing up an arrangement of the kind.

FANCY WORK (B. G.).—Honestly, I think you have done admirably, far better than most fancy workers. It is certainly a pity about your hand, but I hope it is better by now. I sent you several addresses of work societies, some of which should be suitable. The one you belong to now seems run on a very sensible plan. They say that trade is going to boom, so we must look for an improvement shortly.

NEEDLEWORK (N. E. T.).—I am sure you are quite eligible for my Register, but I should be glad if you would draw up a notice for insertion. Your letter is rather vague as to what work it is you wish to undertake. You mention children's and babies' garments, also painting, contriving and renovations. There is money to be made in the first and last of these, but of the others I am not so sure. In any case, write out a notice and I will insert it.

HAND-MADE LINGERIE (M. L. R.).—I am glad to hear you have succeeded in getting someone to live with you, and if congenial it seems to me a very sensible plan. You certainly ought to devote as much time as possible to needlework, for which you have an undoubted gift. Many thanks for your good wishes, which I heartily reciprocate.

RESIDENTIAL HOME FOR WOMEN WORKERS (M. B.).—What you say about the accommodation for women workers being less than the demand is absolutely true, a fact I have borne in upon me daily. I should, therefore, be very glad to have particulars of any scheme you may be able to start, and I will put a notice in the Register for you if you like. Possibly such a notice would reach the eye of someone who might like to join you in a venture of the kind. Follow the advice I gave to my previous correspondent, and keep such a place for workers, and workers only. If you once admit those who have no definite occupation you will spoil the whole scheme. Plain, but good, abundant, well-cooked food; plenty of light and warmth; strict cleanliness; and moderate terms—but, naturally, terms that make it a paying venture—and I am certain you will never have to complain of vacancies.

VISITING DRESSMAKER (G. S.).—If your notice did not appear in the January number, it was because I did not receive it. I certainly have no

recollection of having had it. I will make the necessary alteration in the address. Please copy out your notice and I will re-insert it.

PAYING GUEST (Mrs. G.).—I fear that it gets more difficult every year to obtain paying guests. People flock to larger places, and there is so much competition that it is difficult to get guests unless special attractions are offered. One of my correspondents found it easier to get ladies to live with her by taking them at reduced terms in consideration of domestic assistance. Would that appeal to you? Would you care to take ladies who go out to work daily? Honestly, I think that is the best system nowadays, for there are so many women workers, and if they cannot pay much they pay regularly, and give but little trouble. Possibly an advertisement in a Glasgow paper might be of use to you.

FURS ALTERED, RENOVATIONS, UNDERWEAR, &c. (A. P.).—I am giving you a new notice, as you request, and you may be sure I will do my best for you. If your work is really first-class (of which, of course, I cannot judge), why not write to the Gentlewomen's Self-Help Society, 20, Maddox Street, W.? There seems to be a steady demand for really good hand-made lingerie, so I advise you to specialise in that direction. Why not try some of the shops in your neighbourhood also? In all work you must seek for it; it will not come to you, and you must be continually finding fresh channels of employment. Everything nowadays depends on what the Americans term the "follow-up" system. I sent your letter on to the correspondent who wanted an agency, but I believe it was sent on again to some one else. Why, I do not know.

CALENDARS (L. T.).—Thank you for your letter. I hope you got some orders; if I were you I would begin now to see about some for next Christmas, for, as a rule, the firms do not look at anything fresh after June. Let me know how you get on. Could you not also design covers, endpapers, &c., for books? There is no reason why you should confine your attention to calendars alone, and by doing other things you would get greater scope for your talent, and also the more profitable your art is likely to be.

(Many Answers are crowded out, and will be inserted next month.)

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.

FEBRUARY, 1910.

DRESS AND HAIRDRESSING.

FEBRUARY, 1910.

HEALTH AND BEAUTY.

FEBRUARY, 1910.

GRAPHOLOGY.

FEBRUARY, 1910.

ETIQUETTE.

FEBRUARY, 1910.

COOKERY & HOUSE MANAGEMENT.

FEBRUARY, 1910.

"I never miss a chance of recommending 'Myra's Journal,' as I think it a treasure."—Mrs. M. Carmarthen.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal,"
10, Fetter Lane, London, before the 1st of each month.

RULES.

1. A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.

2. It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

3. No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

4. Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, February, 1910.

DRESS AND DRESSMAKERS.

"BEATALL" Remnants. 1s. 3d.-2s. 6d. Parcels, damasks or linens. Hundreds testimonials. -Beatall, Rushden.

LADY has for disposal few chemises, 3 for 5s. Camisoles, 3 for 3s. 6d. Trimmed lace; never worn. Approval. m3762

LOVELY HAND-PAINTED and ribbon-worked buttons from 1d. Samples willingly. -Madame Teresa, 13, Maida Hill, W.

LADIES' and CHILDREN'S DRESS-MAKING, jerseys. Smocking a speciality. -Miss Emms, Avenue Road, Norwich.

DRESSMAKER. -Experienced: coat and skirts speciality. -Miss Connery, 45, Kenwyn Road, Clapham, S.W.

Miss Walker, COSTUMIER, Evening Gowns, &c., 66, Natal Road, Streatham.

EVENING GOWNS RENOVATED. Children's dressmaker. -Miss Walwyn, 5, St. Anne's Road, Barnes.

DRESSMAKER, daily or at home: remodel, &c. -Miss Rees, 38, Nutford Place, Bryanstone Square, W.

DRESSMAKER, Day. Evening dresses, children's; renovating; remodelling. -Miss Gavey, 36, Ambler Road, Finsbury Park.

DRESSMAKER, experienced, at ladies' houses or at home. Evening and day coats and shirts. -Christine, 3, Tavistock Crescent, Bayswater, W.

DRESSMAKING, home. out; moderate. -22, North Farm Road, High Brooms, Tunbridge Wells.

BLOUSE AND DRESSMAKER. Material supplied. Ladies' own material made up, any style, at moderate prices. -Mrs. F. van Bebbler, 22, Manchester Street, Argyle Square, King's Cross.

SYDENHAM. -BLOUSES made to measure free. Delaine from 5s. -83, Sydenham Road.

DRESSMAKER, daily. Dresses, blouses, mantles, renovations. -Bates, 57, Ranelagh Road, South Belgravia, S.W.

DRESSMAKER, terms 3s. daily. -Jessie Andrews, 42, Alma Square, St. John's Wood.

MILLCENT WRIGHT, 45, Artesian Road, Westbourne Grove. -Ladies' materials, furs renovated. Moderate.

MILLINERY.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free. -W., 57, Upper Gloucester Place, Dorset Square, W.

MILLINER, makes hats, toques, bonnets. Fur toques remodelled. Renovations a speciality. Styles copied. m3760

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

BRITISH COLONIAL STAMPS. -Sixty varieties for 9d., including Falkland Islands, Seychelles, Grenada, Gwalior, Newfoundland, Travancore, and Hyderabad. -H. W. L., MYRA'S Office.

AN AMERICAN ORGAN, by "Smith American Organ Company," twelve stops, in good condition, cost £30. Suitable for a small Church or Mission Hall, price £12. T. H. H., MYRA'S Office.

GENUINE ALBERT B-flat Clarinet, perfect condition, would suit a lady, half price, viz., £4; also an E-flat Clarinet, would suit a boy, by Dan Godfrey, listed £10, perfectly new, 3 guineas. -H. G., 82, St. Donatt's Road, New Cross.

SMITH AMERICAN ORGAN for Sale, price 6 guineas, delivered free within four miles of New Cross, S.E. It has nine stops and is as good as new. A bargain. -A. S. W., MYRA'S Office.

PAYING GUESTS, HOUSES, &c.

MUNDESEY-ON-SEA, bracing, beautiful country cliffs, sands, sea. Bathing, cycling, golfing, boarding or apartments; select. -St. Margarets, Mundesley-on-Sea.

"ARDWELL," Chesham Bois, Bucks. Three minutes from common and close to post office and church. Chesham Bois stands 550ft. above the sea level. Lovely country. Bracing air. From 30s. to £22s. per week. Week ends arranged. -Miss Barber.

BOSCOMBE. -Comfortable board residence, or apartments; near sea. Highly recommended. -"Clarendon," Cecil Road, Boscombe, Bournemouth.

WELL FURNISHED BED-ROOM and SITTING-ROOM to Let in the Valley, Scarborough. m3763

SUBSTANTIAL NON-BASEMENT RESIDENCE, 54, Hampton Road, Hornsey, London, N., to be sold. Conveniently situated within 3 mins. walk of Hornsey Station (G.N.R.), and within a similar distance of Electric Cars to Finsbury Park. The house is approached through a front garden by a tiled pathway. It has a frontage of 17ft. 6in., and a depth of 100 ft., and contains five bedrooms, fitted with good cupboards, bathroom, two reception rooms, kitchen, scullery, well-fitted coal houses, glass and summer houses. Good garden in rear. The property is in good repair. Held on lease, 75 years unexpired, at a ground rent of £7 10s. per annum. Price, including fittings, £365. -Write Owner, as above.

SITUATIONS.

Lady, highly recommends PARISIAN. disengaged Mondays (London). Clever at all work, Millinery renovations; also excellent teacher, class, conversation. m3761

MISCELLANEOUS.

LADIES COMBINGS mounted in tails, 1s. per oz. Frames, empire curls. Best workmanship. -Miss Rose, 2, Blackburn Road, West Hampstead.

PATHEPHONE and FIFTY TUNES £4 4s., carriage free, wonderful bargain. -Cas, "MYRA'S" Office. m3764

A Lady will send PRESCRIPTION for an, excellent Hair Wash. P.O. 2s. -Address, HUNTER, "News" Office, Bournemouth, Hants.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each advertisement sent each month, and she states under which column she wishes her name to appear. Please write distinctly.

DRESSMAKERS' COUPON.
FEBRUARY, 1910.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
R. Col, 7, Beverston Road, Thornton Heath.
Miss E. Chandler, 70, Kennington Road, S.E.
Miss Connery, 45, Kenwyn Road, Clapham, S.W.
Miss Coward, 83, Gloucester Road, Regent's Park, N.W.
R. Crowley, 275, Fulham Road, South Kensington. (Side door.)
Miss A. Dryden, 62, Wellesley Road, Leytonstone, Essex.
Mrs. England, 440, Edgware Road, W.
Miss Gavey, 36, Ambler Road, Finsbury Park.
Miss Graeff, 17, Boscombe Road, Tooting, S.W.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
Miss James, 56, Upham Park Road, Chiswick.
Miss Lenton, 28, Westmoreland Road, Talbot Road, W.
Madame Marion, 83, Sydenham Road, Sydenham, S.E.
N. Renè, 35, Harleyford Road, Vauxhall, S.W.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Stanel, 22, North Farm Road, High Brooms, Tunbridge Wells.
Miss M. Trowbridge, 56, Upham Park Road, Chiswick, W.
Mrs. E. Willson, 77, Cloncurry Street, Fulham Park, Fulham, S.W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 14, Blomfield Street, Westbourne Square, Paddington, W.
Mrs. F. van Bebbler, 22, Manchester St., Argyle Sq., King's Cross, W.C.
B. Beatrice, 58, Burlington Road, Bayswater.
Miss Burnett, 7, Windsor Road, Holloway, N.
Miss Davidge, 7, Rabbits Road, Manor Park, Essex.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. I. Forrester, 3, Moxon House, Paradise Street, Marylebone, W.
Madame Goodwin, 96, Oxford Road, Lowestoft.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Madam Helene, 11, Newcastle Rd., Church Rd., Wavertree, Liverpool.
Mrs. M. E. Horner, 70, Barden Road, Tonbridge.
Mrs. Hudson, 6, Norfolk Road, Westbourne Grove.
F. Jefferson, 2, Gladstone Street, Acomb, York.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss Martyn, 59, Barry Road, East Dulwich, S.E.
E. Rainger, 12, Honiton Road, Brondesbury, N.W.
Madame Isabel Rice, 248, Tufnell Park Road, N.W.
Mrs. Roberts, 16, Crown Street, Brighton.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
E. Simeon, 1a, Northumberland Street, Marylebone Road, W.
Mrs. Teague, 123, Poole Road, Westbourne, Bournemouth.
Miss M. H. Vinter, 13, Osborne Villas, Hove, Sussex.
Miss Walwyn, 5, St. Ann's Road, Barnes.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 83, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Madame A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Miss Ramage, 169A, Latchmere Road, Clapham Junction, S.W.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.

CORSETIERE—

Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.

All Coupons must be received by the 1st of each month preceding date of issue.

Have you seen the new "LOUIS" CHIFFON VEL-DUVET? Unequalled for Lustre and Brillianoy of Finish!

The "Louis" Velveteen

MADE IN ALL
THE POPULAR
SHADES & COLOURS.

*Has the Appearance of a
Beautiful Silk Velvet!
and lasts longer.*

Ladies experiencing difficulty in obtaining "LOUIS" Velveteen are requested to write to the Manufacturer, 57, Newton St., Piccadilly, Manchester, who will furnish the address of the nearest Draper supplying it.

Hook and I



form a safe & lasting attachment

ASK FOR
Newey's
SOLID NICKEL
HOOKS & EYES

Cannot rust or tarnish, or come unfastened in wear. Without exception the most perfect Hooks and Eyes made. Your draper sells them - your dressmaker can get them. Ask to-day.



WEAR WHITE THROUGHOUT
SEND FOR FREE SAMPLE TO
NEWY BROS. BIRMINGHAM.

I've had MY soiled
BLOUSE CLEANED
AT
CLARK'S
for 1/3
WHY DON'T YOU?

Ladies' Garments of every description Cleaned & Dyed. Send at once for our Price List.

CLARK & Co.,
7, HALLCROFT RD., RETFORD.



Mend with
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It is worth your while to insist that your draper supplies this.
NONE SO SOFT. NONE SO DURABLE.
Look for the above Trade Mark on every Card and Hank.



Patent Make

The most perfect
reproduction
of Hand-made
Goods.

Unequalled for
Durability
and Cleaning.

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CURTAIN

EACH PAIR OF "ARISTON" CURTAINS HAS THIS BAND WOVEN AT THE TOP.

ARISTON

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Supplied in a
large variety
of designs &
prices.

Beautiful
Embroidery
Effects.